

# Richard Challoner School

## Tutor Group Prayers

Spring B 2019



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[www.richardchalloner.com/spirituality](http://www.richardchalloner.com/spirituality)

### Venerable Bishop Richard Challoner

During his lifetime and after his death, he was considered not only as a model of every virtue but as a saint. Indeed he was rewarded with the title of “venerable”. We are asked to pray that our Blessed Lord, through the Pope, may reward him further, by raising him to the altars of the Church as a Saint.

### Prayer for the Beatification of Bishop Richard Challoner

O God who made your servant Richard,  
a true and faithful pastor of your little flock in England,  
raise him, we beseech you, to the altars of thy Church,  
that we, who have been taught by his word and example  
may invoke his name in heaven,  
for the return of our country to belief in the Gospel,  
and to the unity of all Christians in the one Church of Jesus Christ.  
We ask this through the same Christ our Lord.  
Amen.

Bishop Richard Challoner  
Pray for us

## General Prayers for Classroom Worship

### **The Lord's Prayer**

Our Father,  
Who art in heaven,  
Hallowed be thy name.  
Thy Kingdom come.  
Thy will be done on earth as it  
is in heaven.  
Give us this day,  
Our daily bread,  
And forgive us our trespasses  
as we forgive those who  
trespass against us.  
And lead us not into  
temptation,  
But deliver us from evil

### **Hail Mary**

Hail Mary, full of grace.  
The Lord is with thee.  
Blessed art thou among women,  
And blessed is the fruit of thy  
womb, Jesus.  
Holy Mary, Mother of God,  
Pray for us sinners,  
Now, and at the hour of our death  
Amen

### **Prayer of St Francis of Assisi**

Lord, make me an instrument of your peace.  
Where there is hatred let me sow love,  
Where there is injury let me sow pardon,  
Where there is doubt let me sow faith,  
Where there is despair let me give hope,  
Where there is darkness let me give light,  
And where there is sadness let me give joy.  
O Divine Master, grant that I may try  
Not to be comforted but to comfort,  
Not to be understood but to understand,  
Not to be loved but to love.  
Because it is in giving that we receive,  
It is in forgiving that we are forgiven,  
And it is in dying that  
we are born to eternal life.

### **Prayer of St Richard Of Chichester**

Day by day,  
O dear Lord,  
Three things I pray:  
To see thee more clearly,  
Love thee more dearly,  
Follow thee more nearly,  
Day by day  
By day by day.

### **Prayer of St Ignatius**

Teach us good Lord to serve you as you  
deserve:  
To give and not count the cost,  
To fight and not heed the wounds,  
To toil and not seek for rest,  
To labour and to ask for no reward , save that  
of knowing that we do your will,  
Through Jesus Christ our Lord,  
Amen.

## Guidance for use of the Tutor Group Prayer Booklet

Each morning an act of worship should be made. This can be led by yourself or a pupil and can be made up of prayers from this booklet, [www.richardchalloner.com/spirituality](http://www.richardchalloner.com/spirituality), or both.

The following pages contain a selection of prayers suitable for collective worship within the Tutor group during morning registration. The prayers have been organised into different weekly themes:

Week One: Prayers for Safety  
Week Two: The Start of Lent  
Week Three: In Times of Doubt  
Week Four: For Those In Need  
Week Five: Mothering Sunday  
Week Six: Saying Sorry for Easter

Each morning an act of worship should try and include:

- 1) Invitation - *to mark the entry into prayer, like standing up and making the Sign of the Cross*
- 2) Clear Theme & Message
- 3) Balance of speech & silence - *try to vary the delivery of your theme to ensure that it appeals to as many as possible.*
- 4) Time for Quiet Reflection - *give time for them to take in and reflect on the theme*
- 5) Prayer – this should be both led and collective - *there should be a prayer which links in the theme, and an act of communal prayer from the page opposite.*
- 6) Clear links with Catholic Ethos – *if you are not using one of the themes above then ensure it is inline with the School's Catholic Ethos or the Liturgical Calendar.*

**Prayer to St Augustine of Canterbury:**

God our Father,  
by the preaching of Saint Augustine of  
Canterbury, you led the people of England  
to the Gospel.

May the fruits of his work continue in your  
Church.

Grant that through his intercession,  
may the hearts of those who go astray  
return to the unity of your truth  
and that we may be of one mind in doing  
your will.

Amen.

***Feast Day – 27<sup>th</sup> May***

**Prayer to St Thomas Becket:**

Almighty God,  
You granted the martyr Thomas the  
grace to give his life for the cause of  
justice.

By his prayers make us willing to  
renounce for Christ our life in this world  
so that we may find it in heaven.

We ask this through our Lord Jesus  
Christ, Your Son, who lives and reigns  
with you and the Holy Spirit, one God, for  
ever and ever.

Amen.

***Feast Day – 29<sup>th</sup> December***

**Prayer to St Columba of Iona:**

Let me bless almighty God,  
whose power extends over sea and land,  
whose angels watch over all.

Let me study sacred books to calm my  
soul: I pray for peace, kneeling at  
heaven's gates.

Let me do my daily work, gathering  
seaweed, catching fish, giving food to the  
poor. Let me say my daily prayers,  
sometimes chanting, sometimes quiet,  
always thanking God.

Delightful it is to live, on a peaceful isle,  
serving the King of kings.

Amen.

***Feast Day – 9<sup>th</sup> May***

**Prayer to St Dunstan of Canterbury:**

O God of truth and beauty

You gave your Bishop Dunstan the skills  
of music and metal working, and with  
gifts of administration and reforming zeal.  
Teach us to see you as the source of all  
our gifts and talents, and help us to offer  
them for praise of worship and the  
spread of the Gospel message.

We ask this through your Son, our Lord,  
Jesus Christ, Who lives and reigns with  
You and the Holy Spirit, One God, for  
now and for ever.

Amen.

***Feast Day – 19<sup>th</sup> May***

**Prayer to St John Fisher:**

Good Lord,  
set in thy Church strong and mighty pillars  
that may suffer and endure great labours,  
which also shall not fear persecution,  
neither death,  
but always suffer with a good will,  
slanders, shame and all kinds of torments,  
for the glory and praise of thy holy Name.  
By this manner, good Lord, the truth of thy  
Gospel shall be preached throughout the  
world.

Therefore, merciful Lord, exercise thy  
mercy, show it indeed upon thy Church.

Amen.

***Feast Day – 22<sup>nd</sup> June***

**Prayer to St Thomas More:**

O Lord, give us a mind  
that is humble, quiet, peaceable,  
patient and charitable,  
and a taste of your Holy Spirit  
in all our thoughts, words, and deeds.  
O Lord, give us a lively faith, a firm hope,  
a fervent charity, a love of you.

Take from us all luke warmness in  
meditation and all dullness in prayer.

Give us fervour and delight in thinking of  
you, your grace, and your tender  
compassion toward us.

Give us, good Lord, the grace to work for  
the things we pray for.

Amen.

***Feast Day – 22<sup>nd</sup> June***

## Week One: Prayers for Safety

We pray lord for those on their way to work,  
For the emergency services who will travel at high speed  
on land water or air to bring help to others.  
For those starting a new life as they move house;  
For those travelling to or from prison;  
For those people who go into hospital today;  
For young people on their way to school, college or university;  
For those who are lost on the journey of life;  
For those who will die today and make their final journey;  
On all these people Lord we ask your blessing.

Amen (Nicholas Hutchinson)

God keep you in the fellowship of his saints.  
Christ protect you by the ministry of his angels.  
The spirit make you holy in God's service;  
And the blessing of God almighty,  
The father, the son and the Holy Spirit  
Be upon you and remain with you always.

(Michael Perham)

We pray for world peace,  
that ways of aggression and violence against fellow humans  
and against God's creation may be renounced,  
and that world leaders may lessen the threat of nuclear destruction.  
We pray especially for our leaders  
and all others who strive to bring peace.

(Adapted from 'Worship in an Indian Context')

Oh God, our heavenly Father, from whom every family in heaven and on earth is named:  
we entrust to your loving care the members of our families, both near and far.  
Supply their needs; guide their footsteps; keep them in safety of body and soul; and may  
your peace rest upon our homes and upon our dear ones everywhere.

Amen (Frank Colquhoun)

O God,  
Protect those whom we love when they are separated from us.  
Guide them when they are uncertain,  
Comfort them when they are lonely or afraid,  
And bless them with the warmth of your presence.  
Thank you that neither space nor time  
Can cut us off from the love we have for each other and for you.

(Angela Ashwin)

## Week Two: The Start of Lent

Here, Lord, is my life.  
I place it on the altar today.  
Use my life as you will.

(Albert Schweitzer)

Ashes remind us of the deadly things in our lives – when we choose death and not life by being selfish. Ashes remind us that we need to die to selfishness so as to mature and grow in Christ. The ashes are a sign that have been used for over 2,000 years, a sign that we want to make some changes in our lives. We want to ‘turn over a new leaf’, leave the past behind us and make a new start. Lent is a time for sorting out our priorities. Lent offers the opportunity to make a new start and believe in God’s love for us. When ashes are given, we sometimes hear these words: “Turn away from sin and believe in the gospel”. We think of the choices we make and we believe more fully in God’s love for us.

(Nicholas Hutchinson)

Lord Jesus, as Lent begins, we ask for the power of your Spirit, that we may become more thoughtful towards others, more honest with ourselves, and more faithful to you.  
Help us to walk in your presence and grow as the people you want us to be.

(Nicholas Hutchinson)

Lord,  
I’m not much good at giving things up.  
It seems a good idea, then a few days, hours or minutes later, I’ve started again.  
But this time, I really want to make it count.  
I want to give something up and learn from the process  
of not giving in to temptation.  
I want to wake up on day forty of Lent, and look in the mirror  
and feel that I’ve actually achieved something, even though it may seem so small.  
But by achieving something small, perhaps it will lead to bigger and better things?  
If I can do this, then what else can I do?  
What else am I capable of?  
Help me to discover my own potential, Lord.

Amen (Dave Gatward)

“Then Jesus was led by the spirit into the desert to be tempted by the devil. After fasting for forty days and nights, he was hungry. The tempter came to him and said, “If you are the son of God, tell these stones to become bread”. Jesus answered, “It is written: man does not live on bread alone, but on every word that comes from the mouth of God”. Then the devil took him to the holy city and had him stand on the highest point of the temple. “If you are the son of God, throw yourself down. For it is written : he will command his angels concerning you, and they will lift you up in their hands, so that you will not strike your foot against a stone”. Jesus answered him, “It is also written, do not put the Lord you God to the test”.

Again the devil took him to a very high mountain and showed him all the kingdoms of the world in their splendour. “All this I will give you”, he said, “if you will bow down and worship me”. Jesus said to him, “Away from me Satan, for it is written: worship the Lord your God and serve him only”. Then the devil left Jesus and angels came and tended him.

(Matthew 4: 1-11)

## Week Three: In Times of Doubt

Lord of life,  
why do I anticipate the worst when time and time again  
the worst never happens?  
And even when it does, life goes on and every day comes to an end.  
Lord help me to overcome my fears in this brief moment of reflection.  
Help me to relax. Let your loving spirit fill me with peace.

Amen (Frank Topping)

Forgive us Lord  
when we want proofs for our faith and demand absolute certainty  
before we will commit ourselves to you.  
Strengthen our trust in you, so that we who have not seen you  
may still believe and in believing may be blessed  
with the fullness of joy now and always.

Amen (Angela Ashwin, based on John 20:24 – 29)

O God, you know we are often filled with fear and foreboding.  
Give us courage to deepen our trust.  
You are a rock which nothing can shatter.  
On you we can place the whole weight of our lives.

(Richard Harries)

Let nothing disturb you,  
Nothing frighten you;  
All things are passing,  
God never changes.  
Patient endurance  
attains to all things;  
In whom God possesses,  
nothing is wanting:  
alone God suffices.

(St Teresa of Avila)

Faith's difficult, Lord.  
Life puts up so many obstacles that most of the time I can hardly see you.  
At times like this Lord, you seem so far away.  
I sometimes feel that I'm fooling myself that you don't exist,  
that I'm wasting my time.  
But I keep thinking back to your life here on earth.  
No matter how many doubts I have, you seem to make me sit up and listen.  
A life lived so long ago affecting a life lived right and now.  
It seems amazing, Lord,  
and if all those things you did and said are true,  
then I have no option but to believe and follow.  
Never let me leave you, Lord.

Amen (Dave Gatward)

## Week Four: For Those In Need

We pray for the Church throughout the world, that she may be a voice for those who lack even the basic necessities of life, tirelessly serving them and calling for change.  
We pray for the world's leaders, that they may not hide behind their power or abuse it, but work for the good of all humanity, particularly the poor throughout the world.  
We pray for our local community here at Richard Challoner, that we may show our love through our respect for each other and for our environment, gladly sharing what we have with those in need.

Creator God,  
As we journey through this world  
Give us the grace to allow your Holy Spirit to work through us.  
Help us to speak, think and work  
with honesty, and compassion,  
to celebrate all that is life-giving,  
to restore hope where it has been lost.

Jesus our friend and our brother, through your life and your journey to the Cross, your death and resurrection, you have shown us how to live in love. May we always follow your example, living a life of compassion, in the search for peace through justice for all your people.

For the people and land from which refugees have fled,  
may there be peace and reconciliation between people and nations.  
That strangers, refugees, and those who seek asylum  
may find a welcome among us.  
We pray for all who make our laws and administer justice:  
May the God of justice be their guide.  
We pray for those who minister to the vulnerable and broken people,  
especially the homeless and displaced:  
that they may show God's welcoming love.  
We often feel powerless in the face of crushing poverty, injustice  
and violence in our world; we ask for the courage to reach out  
to victims of injustice and poverty.

We pray for all those around the world who want to learn,  
But are denied their right to education.  
We pray too for those who teach,  
especially those who work with few resources and little support.  
We give thanks for the knowledge, skills and understanding we have and we ask your help to  
remember how much we have still to learn.  
Teach us to respect wisdom, wherever we find it.  
As you walked with the disciples on the road to Emmaus  
walk with us as we try to understand.  
Open our hearts and minds to new learning  
even when it challenges us to change.  
Give us the courage to tackle injustice and  
guide us towards a new, shared future,  
where everyone has the chance to learn,  
and all may grow in wisdom and understanding.

(Linda Jones – [www.cafod.org.uk](http://www.cafod.org.uk))



## Week Five: Mothering Sunday

Lord Jesus,  
Nine months before the day we celebrate as Christmas, your father's message to Mary of Nazareth and the presence of the Holy Spirit, began your human life within her. She formed you, educated you, cared for you.

At the foot of the cross Mary witnessed your loving sacrifice for us. You cared so much for her that your dying act was to commend her to the care of your apostle John. May we continually thank the Father for our mothers who have formed us, educated us and cared for us.

(Anthony Castle)

Please God,  
bless our mothers  
wherever they are.  
Help us to appreciate how selfless they are  
day after day.  
Let us make time  
to tell our mothers  
how much we love them  
as our actions do not always make this clear.

Amen (Author Unknown)

God, we know that no sentimentality on this day – no material gifts, no flowers or boxes of chocolates – can make up for the neglect during the rest of the year. So in the days ahead, may our love speak to the heart who knows us best: by kindness, compassion, by simple courtesy and daily thoughtfulness.

Bless our mothers and keep them in your perfect peace, through Jesus Christ our Lord

Amen (Peter Marshall)

Mother of God,  
We turn to you for protection. Listen to our prayers and help us in our needs.  
Save us and our loved ones from every danger.  
Remember most loving Mary,  
never was it said that anyone who turned to you for help was left unaided.  
Be merciful and hear my prayer.

Amen (Victor Hoagland)

God of Love,  
Thank you for my mother.  
Sometimes she's angry, sometimes disappointed,  
but she never stops believing in me.  
She never stops seeing the potential even I don't recognise.  
What she has done for me,  
how she has worked and sacrificed...I don't even know how much,  
but I am grateful for the warmth,  
the hug,  
the person I know is always there for me.  
Thank you God for my mother.  
Bless her always.

Amen (Author Unknown)

## Week Six: Saying Sorry for Easter

Lord, be the foundation on which I build my life. May I build no walls that keep anyone out but build your kingdom, together with all whom you give me as my brothers and sisters valuing all who are a part of my life. May I live in such a way that those who 'Trespass against me', who hurt me, may know my forgiveness and generosity, as I know yours. Surround me with your love and shield me from all harm.

Amen (Nicholas Hutchinson)

We read in the gospel that Jesus was criticised for eating and celebrating with sinners. He told the story of the prodigal son and we here that the father rejoiced and put on a feast when his lost son returned to him. In the same way, Father, you look out for us and rejoice and celebrate when we return to the fullness of life that Jesus offered. It is in and through our common humanity which Jesus himself shared that we are called to wholeness and holiness. Show us father how to be fully alive, rejoicing with those who rejoice and bringing comfort to those who are in sorrow.

Amen (Nicholas Hutchinson)

I confess to Almighty God, and to you my brothers and sisters,  
that I have sinned through my own fault:  
in my thoughts and in my words,  
in what I have done and what I have failed to do  
and I ask blessed Mary, ever virgin,  
all the angels and saints,  
and you my brothers and sisters  
to pray for me to the Lord our God.

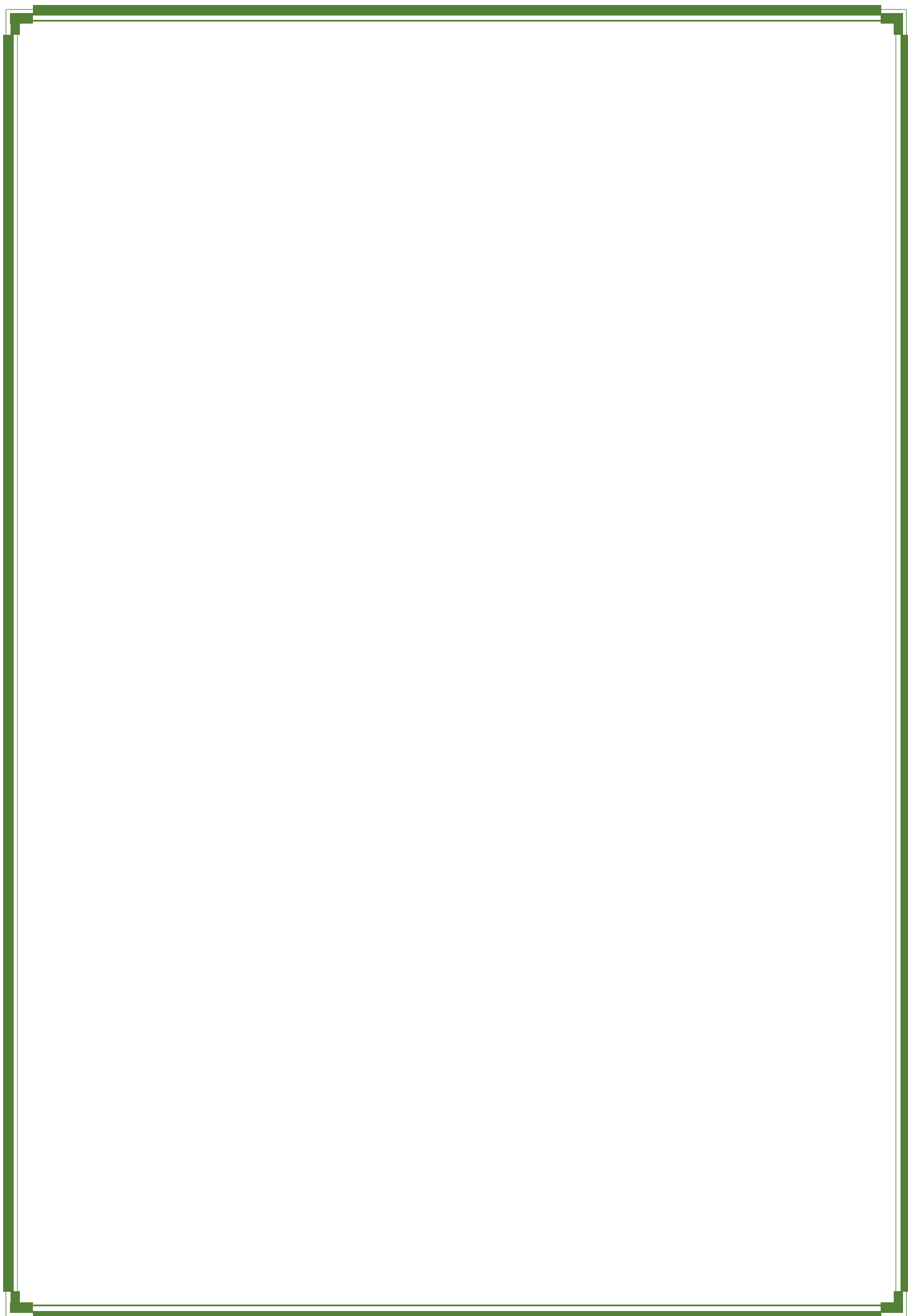
Amen (The Roman Missal)

"If you forgive men when they sin against you, your heavenly father will also forgive you. But if you do not forgive men their sins, your father will not forgive your sins".

(Matthew 6: 14-15)

Father,  
I ask you to help me to be generous  
when I think of the attitude and actions of others.  
Forgiving someone isn't an easy option,  
and I know that forgiveness isn't somehow pretending  
that something wrong hasn't happened.  
For what I have done wrong, forgive me father,  
to the extent that I am generous in forgiving  
those who have done wrong to me.

Amen (Nicholas Hutchinson)





LENT  
*Prepare*

