



	<b>Isolated Skills</b>	<b>Applied Skills</b>	<b>Performance Science</b>	<b>Performance Appraisal</b>
<b>Mastering</b>	Regularly demonstrates very good technical accuracy with precision, control and fluency.	Regularly demonstrates very good decision making and positively influences performances. Adapts successfully to complex situations, selecting appropriate skills whilst showing positive leadership. High degree of tactical and strategic awareness is apparent.	Can apply theoretical knowledge from a range of sources and data, using appropriate terminology to a range of performances. Making relevant recommendations to improve levels of performance.	Regularly uses technical terminology with accuracy when comparing performances. Takes into account a wide range of factors that lead to successful accurate levels of improvement. Can explain most components of technique and justify their relevance.
<b>Deepening</b>	Regularly demonstrates good technical accuracy with precision, control and fluency.	Regularly demonstrates good decision making to influence performances. Adapts successfully to situations selecting appropriate skills. Strives to be a leader. Has a degree of tactical and strategic awareness.	Can apply knowledge to a limited range of performances and justify the effect of theoretical components on outcomes.	Starting to use technical terminology when comparing performances to the perfect model, whilst taking into account a number of factors and identifying/describing a range of methods leading to improvement. Can explain some components of technique and justify their relevance.
<b>Securing</b>	Regularly demonstrates competent technical accuracy with precision, control and fluency.	Demonstrates competent decision making to influence performances. Adapts successfully to a narrow range of situations. Understands several leadership roles. Shows a degree of success using tactics or skills in order to outwit opponents. Effective application of rules and regulations.	Can recall theoretical knowledge and relate to performance.	Basic level of analysis comparing performance taking into account a limited number of factors. Identifying simple methods of improvement. Can highlight the most relevant components of technique.
<b>Developing</b>	Demonstrates basic technical accuracy with some precision and an increasing level of control and fluency.	Some positive effect on performance, attempts to adapt to situations. Selects basic skills in an attempt to outwit opponents. Showing simple knowledge of tactics.	Can recall theoretical knowledge and give an extended explanation.	Can identify, describe and explain reasons for success and/or failure in performance.
<b>Emerging</b>	Demonstrates inconsistent technical accuracy with limited control and fluency.	Limited positive effect on performance, can find adaptation challenging. Skills are selected inconsistently. Understands basic rules and regulations.	Can recall theoretical knowledge with a limited explanation.	Can identify and describe reasons for success and/or failure in performance.