



Summer 2023 – Week 3

Morning Prayers



Dates of Interest this week – 8th to 12th May

- 7th May – 5th Sunday of Easter
- 7th World Fair Trade Day ([info](#))
- 9th May – World Day of Prayer for Survivors of Sexual Abuse
- 10th May – St John of Avila
- 10th May – World Lupus Day ([info](#))
- 12th May – St Pancras
- 12th May – International Nurses Day ([info](#))
- 12th May – International ME/CFS Awareness Day ([info](#))
- 13th May – Our Lady of Fatima
- 14th May – St Matthias
- 15th May – National Children’s Day ([info](#))
- 15th May – International Day of Families ([info](#))
- 14th May – 6th Sunday of Easter

Chaplaincy on Social Media

["From a School Chaplain" on Facebook](#)

["Prayerful Pause" on YouTube](#)

["RC Chaplaincy" on Twitter](#)

["RCChaplaincy" on Instagram](#)

Each morning an act of worship should be made. This can be led by yourself or a pupil and can be made up of prayers from this booklet, www.richardchalloner.com/chaplaincy, or both.

[Guidance on best practice for Morning Prayer can be found here.](#)

[A selection of Catholic Prayers to use in Morning Prayer can be found here.](#)

Prayers for Morning Worship – 8th to 12th May

Theme for the week – For Exams

Lord, we need your help.
We need a calm mind; grant us your peace.
We need a clear head, grant us your wisdom.
We need a careful spirit, grant us your patience.
We need inspiration; grant us your enthusiasm.
Keep us from all panic
As we put our trust in your power to help us keep us this day. Amen

(Kathleen a. Goodacre)

Lord, guide and help me through these exams,
so that I may do justice to all that I have learned.
Help me, and all of us doing exams
to keep their importance in perspective.

(Nick Aiken)

Help me Lord to concentrate on what I have learned and not worry about anything else. You who know all things, prompt my memory with the light of understanding that I may make good use of what I have been taught, and not let my knowledge go to waste.

(A Downside Pupil)

Although I have studied well, I cannot always remember what I have learned. Help me to keep calm and not be worried, so that I will remember what I have learned and do my best. Then, if I fail, I need not be ashamed; and if I pass, please help me not to boast but give thanks to you for helping me to use the gifts which you have given. Thank you, God.

(Nancy Martin)

Lord,
It's started; exam time...why is it always sunny?
I hate revision. It's rubbish.
But if I don't do it, where will I be then?
I'm not sure that I want to go to college
But if I don't do my best
I know that I'll be disappointed.
Which I guess says it all.
I've just got to get on with it
The summer holidays aren't that far away,
So the question is, do I want to spend them
Feeling gutted that I didn't do my best
Or proud that I did?
The answers simple, isn't it, Lord?

(Dave Gatward)



Bishop Richard Challoner

During his lifetime and after his death, he was considered not only as a model of every virtue but as a saint. We are asked to pray that our Blessed Lord, through the Pope, may reward him further, by raising him to the altars of the Church as a Saint.

Prayer for the Beatification of Bishop Richard Challoner

O God who made your servant Richard,
a true and faithful pastor of your little flock in England,
raise him, we beseech you, to the altars of thy Church,
that we, who have been taught by his word and example
may invoke his name in heaven,
for the return of our country to belief in the Gospel,
and to the unity of all Christians in the one Church of Jesus Christ.
We ask this through the same Christ our Lord.

Amen.

Bishop Richard Challoner

Pray for us

