

Richard Challoner School Extra Curricular Sessions 2023-24

- Morning Sessions will run between 8.00 and 8.30am, Change in Changing room 2 and meet in the Sportshall
- After school sessions will run between 3.30 and 4.15pm, Football Change in Changing Room 1 and Rugby in Changing Room 2, wait for the teacher to arrive
- These arrangements may be modified during the year

Monday	Tuesday	Wednesday	Thursday	Friday
Before School	Before School	Before School	Before School	Before School
U12 Basketball- JT	U13 Basketball- RJ	U14 Basketball- SG	U15 Basketball PM	U16 Basketball- ASE
After School	After School	After School	After School	After School
U15 Rugby SG U13 Football PM U14 Football CX	U12 Rugby CX U16 Football LN U14 Rugby RJ	U15 Football JT	U16 Rugby PM U13 Rugby JT U12 Football SG/RJ Table Tennis JM	Volleyball YO

- If you have any query regarding the training sessions or your team please speak to the member of staff in charge