



Autumn 2023 – Week 3

Morning Prayers



Dates of Interest this week – 18th - 22nd September

- 1st Sept to 4th Oct – Season of Creation ([info](#))
- 1st Sept to 30th Sept – Childhood Cancer Awareness Month ([info](#))
- 18th to 24th Sept – Organ Donation Week ([info](#))
- 17th September – 24th Sunday of Ordinary Time
- 17th September – Evangelii Gaudium Day ([info](#))
- 18th September – International Equal Pay Day ([info](#))
- 19th September – St Januarius
- 20th September – St Andrew Taegon & Companion Martyrs
- 21st September – International Day of Peace ([info](#))
- 21st September – World Alzheimer's Day ([info](#))
- 23rd September – International Day of Sign Languages ([info](#))
- 19th September – St Januarius
- 23rd September – St Pius of Pietrelcina (Padre Pio)
- 24th September – 25th Sunday of Ordinary Time
- 24th September – Harvest Sunday

Chaplaincy on Social Media

["From a School Chaplain" on Facebook](#)
["RC Chaplaincy" on Twitter](#)

["Prayerful Pause" on YouTube](#)
["RCChaplaincy" on Instagram](#)

An act of worship should be made every morning. This should include:

1. a pause for reflection on the question for the day
2. joint reading of the quote from the Bible
3. an individual (a student or teacher) reading a prayer for the day

The prayers/reflections can be taken from this resource or from:

- [The Spirituality Blog](#)
- [This selection of common Catholic prayers](#)

Prayers for Morning Worship – 18th to 22nd September

Theme for the week – Bishop Richard Challoner

Question for Day 1:

How can we, like Bishop Richard Challoner, develop a dedicated effort to our work?

Bible Quote 1:

Whatever you do, work at it with all your heart, as though you were working for the Lord and not for human beings' Colossians 3:23

Prayer for Day 1:

Lord,
Bless the whole church active on earth
Bless her by the gifts of your given to all her members;
Give her saints for her chief bishops and other leaders;
Spread her faith throughout the whole world, convert the hearts of all who are lost
And grant perseverance to all who are follow her ways.
Amen
("Garden of the Soul" – Bishop Richard Challoner)

Question for Day 2:

What things make it difficult for us to persevere in our work?

Bible Quote for Day 2:

'Endurance brings God's approval, and his approval creates hope' Romans 5:4

Prayer for Day 2:

Lord,
Bless my parents, relations, and friends, in their souls and their bodies,
And bless all those for whom I am particularly bound to pray, or who have asked for my prayers,
on my teachers and leaders, on those under my care,
on all those I may have injured in word, action or bad example, have mercy on my enemies and
forgive their sins, and fill both their hearts and mine with your charity.
Amen
("Garden of the Soul" – Bishop Richard Challoner).

Question for Day 3:

What missionary work can we get involved in?

Bible Quote for Day 3:

'I am the one who spoke and called him; I led him out and gave him success' Isaiah 48:15

Prayer for Day 3:

O Angel of God,
Who by divine appointment, are my guardian,
To watch over me in all my ways,
Today, let through the presence of the goodness of God, found in you,
Guide, illuminate and govern me to goodness,
And defend me from all powers of darkness.
Amen
("Garden of the Soul" – Bishop Richard Challoner).

Question for Day 4:

What changes can we make to develop, like Bishop Richard Challoner, a spirit of cheerfulness?

Bible Quote for Day 4:

'Always look happy and cheerful' Ecclesiastes 9:8

Prayer for Day 4:

O my God,
You commanded me to love you with my whole heart, my whole soul,
with all my mind and with all my strength,
It is my sincere desire to love you.
Come and take possession of my whole heart and soul,
And teach me the heavenly art of love.
Let your sacred fire of love ever burn in the altar of my heart
Let nothing be able to extinguish it,
And let nothing in life or death ever separate me from your love.
Amen
("Garden of the Soul" – Bishop Richard Challoner)

Question for Day 5:

How can Bishop Richard Challoner's gifts of humility and gentleness encourage our way of treating others?

Bible Quote for Day 5:

'You are the people of God; he loved you and chose you for his own. So then, you must clothe yourselves with compassion, kindness, humility, gentleness and patience' Colossians 3:12

Prayer for Day 5:

Prayer for the Beatification of Bishop Richard Challoner

O God who made your servant Richard,
a true and faithful pastor of your little flock in England,
raise him, we beseech you, to the altars of thy Church,
that we, who have been taught by his word and example
may invoke his name in heaven,
for the return of our country to belief in the Gospel,
and to the unity of all Christians in the one Church of Jesus Christ.
We ask this through the same Christ our Lord.
Amen.



Bishop Richard Challoner

During his lifetime and after his death, he was considered not only as a model of every virtue but as a saint. We are asked to pray that our Blessed Lord, through the Pope, may reward him further, by raising him to the altars of the Church as a Saint.

Prayer for the Beatification of Bishop Richard Challoner

O God who made your servant Richard,
a true and faithful pastor of your little flock in England,
raise him, we beseech you, to the altars of thy Church,
that we, who have been taught by his word and example
may invoke his name in heaven,
for the return of our country to belief in the Gospel,
and to the unity of all Christians in the one Church of Jesus Christ.
We ask this through the same Christ our Lord.
Amen.

Bishop Richard Challoner
Pray for us

