



Autumn 2023 – Week 10

Morning Prayers



Dates of Interest this week – 13th to 17th November

- 12th November – 32rd Sunday of Ordinary Time ([info](#))
- 12th November – Remembrance Sunday ([info](#))
- 13th to 19th November – Anti Bullying Week ([info](#))
- 14th November – World Diabetes Day ([info](#))
- 15th November – St Albert the Great ([info](#))
- 16th November – St Margaret of Scotland ([info](#))
- 16th November - International Day of Tolerance ([info](#))
- 16th November – World Philosophy Day ([info](#))
- 17th November – St Hugh of Lincoln ([info](#))
- 19th November – World Toilet Day ([info](#))
- 19th November – 33rd Sunday of Ordinary Time ([info](#))
- 19th November – World Day for the Poor ([info](#))

Chaplaincy on Social Media

["From a School Chaplain" on Facebook](#)

["Prayerful Pause" on YouTube](#)

["RC Chaplaincy" on Twitter](#)

["RCChaplaincy" on Instagram](#)

Each morning an act of worship should be made. This can be led by yourself or a pupil and can be made up of prayers from this booklet, www.richardchalloner.com/chaplaincy, or both.

[Guidance on best practice for Morning Prayer can be found here.](#)

[A selection of Catholic Prayers to use in Morning Prayer can be found here.](#)

Prayers for Morning Worship – 13th to 17th November

Theme for the week – For Those Who Mourn

Question for Day 1:

How can I develop conversation with Jesus to understand suffering and loss?

Bible Quote for Day 1:

'Then shall the young women rejoice in the dance, and the young men and the old shall be merry. I will run their mourning into joy, I will comfort them, and give them gladness for sorrow' Jeremiah 31:13

Prayer for Day 1:

Loving Father.

To you the dead do not die and in death our life is changed not ended.

We believe that all that binds us together in love and friendship does not end with death.

Hear our prayers for those close to us who have died.

Hold them safe in your love in your kingdom of light, happiness and peace.

Jesus told us that those who mourn are blessed, because only those who love greatly can mourn.

Bless us this day with the warmth of your love as we mourn those that we have lost.

Amen (Nicholas Hutchinson)

Question for Day 2:

How can I develop my own way of supporting someone who is suffering from loss?

Bible Quote for Day 2:

'I called in your name, o Lord, from the depths of the pit'? Lamentations 3: 55

Prayer for Day 2:

Lord Jesus,

You wept at the death of your friend Lazarus whom you loved.

We pray for our friends in their loss;

Give courage and companionship as they adjust to their situation, and be with them as they grieve.

(Angela Ashwin)

Question for Day 3:

What do I understand about eternal life with Jesus?

Bible Quote for Day 3:

'Who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God ' 2 Corinthians 1:4

Prayer for Day 3:

Draw us closer to you Lord, so that we may know

that we are nearer to our loved ones who are with you.

And while you prepare a place for us as you have promised

prepare us also for that happy place that where you are, we may be also with those that we have loved, forever.

Amen (Nicholas Hutchinson)

Question for Day 4:

What does dying and rising to new life in Christ mean to me?

Bible Quote for Day 4:

'Our hope for you is unshaken, for we know that as you share in our sufferings, you will also share in our comfort' 2 Corinthians 1:7

Prayer for Day 4:

What is dying?

The ship sailed away, and I stand watching until it fades on the horizon.

And someone at my side says, 'The ship is gone.' Gone where?

Gone from my sight, that is all; The ship is just as large as when I saw it.

As I see the ship grow smaller and go out of sight, it is just at that moment that there are others in a different place who say: 'Watch – here the ship comes.'

And other voices will take up the glad shout: 'You have arrived!' and that is what dying is about.

(Based on words by William Penn)

Question for Day 5:

How can I show more empathy to people throughout the world going through loss and bereavement as a result of war and division?

Bible Quote for Day 5:

'Finally , brothers, rejoice. Aim for restoration, comfort one another, agree with one another, live in peace, and the God of love and peace will be with you' 2 Corinthians 13:11

Prayer for Day 5:

There is a Buddhist story of a young woman whose baby grew sick and died. She was torn apart by grief and sorrow and asked a Buddhist holy man if her grief and sorrow would ever go away. "You must bring me a bowl of rice," he said, "but it must be from a house where no-one has ever suffered the loss of someone they loved and cared for."

So the woman set out, thinking this would be an easy task which would result in her grief and sorrow no longer dominating her life. In the first house that she visited, she found that a family member had died two years before. They talked, and each felt a little better as they shared their experience and learned from one another and supported each other.

In the next house someone had lost a close friend. Again, she and the family found support. And so it went on from house to house. Eventually the woman returned to the holy man who asked if she had the bowl of rice for him. "No," she said. "Every house that I have visited has suffered the loss of someone they have loved and cared for. What I have discovered is that it is because we love greatly that we experience such pain and sorrow when loved ones die. Our pain and sorrow may get less as time goes by, but they never go away. The medicine I have found in visiting other homes is that peace can come from helping others and sharing their problems."

(Traditional Buddhist Story)



Bishop Richard Challoner

During his lifetime and after his death, he was considered not only as a model of every virtue but as a saint. We are asked to pray that our Blessed Lord, through the Pope, may reward him further, by raising him to the altars of the Church as a Saint.

Prayer for the Beatification of Bishop Richard Challoner

O God who made your servant Richard,
a true and faithful pastor of your little flock in England,
raise him, we beseech you, to the altars of thy Church,
that we, who have been taught by his word and example
may invoke his name in heaven,
for the return of our country to belief in the Gospel,
and to the unity of all Christians in the one Church of Jesus Christ.
We ask this through the same Christ our Lord.

Amen.

Bishop Richard Challoner

Pray for us

