



# Autumn 2023 – Week 13

## Morning Prayers



### Dates of Interest this week – 4<sup>th</sup> to 8<sup>th</sup> December

- 2<sup>nd</sup> to 8<sup>th</sup> December – Grief Awareness Week ([info](#))
- 2<sup>nd</sup> December – International Day for the Abolition of Slavery ([info](#))
- 3<sup>rd</sup> December – International Day for Persons with Disabilities ([info](#))
- 3<sup>rd</sup> December – 1<sup>st</sup> Sunday of Advent ([info](#))
- 5<sup>th</sup> December – International Volunteer Day ([info](#))
- 5<sup>th</sup> December – World Soil Day ([info](#))
- 6<sup>th</sup> December – St Nicholas ([info](#))
- 7<sup>th</sup> December – St Ambrose ([info](#))
- 8<sup>th</sup> December – The Immaculate Conception of Mary ([info](#))
- 9<sup>th</sup> December – International Anti-corruption Day ([info](#))
- 9<sup>th</sup> December - International Day of Commemoration of Victims and the  
Prevention of Genocide ([info](#))
- 9<sup>th</sup> December – International Human Rights Day ([info](#))
- 10<sup>th</sup> December – 2<sup>nd</sup> Sunday of Advent ([info](#))

### Chaplaincy on Social Media

["From a School Chaplain" on Facebook](#)  
["RC Chaplaincy" on Twitter](#)

["Prayerful Pause" on YouTube](#)  
["RCChaplaincy" on Instagram](#)

Each morning an act of worship should be made. This can be led by yourself or a pupil and can be made up of prayers from this booklet, [www.richardchalloner.com/chaplaincy](http://www.richardchalloner.com/chaplaincy), or both.

[Guidance on best practice for Morning Prayer can be found here.](#)

[A selection of Catholic Prayers to use in Morning Prayer can be found here.](#)

## Prayers for Morning Worship – 4<sup>th</sup> to 8<sup>th</sup> December

### Theme for the week – Feast of the Immaculate Conception

#### **Question for Day 1:**

How does Mary's constant love and focus on Jesus inspire you?

#### **Bible Quote for Day 1:**

'And Mary said, "My soul magnifies the Lord," Luke 1:46

#### **Prayer for Day 1:**

Hail holy queen, mother of mercy; hail our life, our sweetness and our hope.

To you do we cry, poor banished children of Eve.

To you do we send up our sighs, mourning and weeping in this vale of tears.

Turn then, most gracious advocate, your eyes of mercy towards us;

and after this our exile show unto us the blessed fruit of thy womb, Jesus.

O clement, O loving, O sweet virgin Mary. Pray for us O holy mother of God,

That we may be made worthy of the promises of Christ.

(Traditional Catholic Prayer)

#### **Question for Day 2:**

How can I thank my earthly mother for giving me life and my heavenly Mother Mary for praying for and being with me?

#### **Bible Quote for Day 2:**

'For you formed my inward parts; you knitted me together in my mother's womb.'" Psalm 139:13

#### **Prayer for Day 2:**

Lord Jesus, nine months before the day we celebrate as Christmas, your father's message to Mary of Nazareth and the presence of the Holy Spirit, began your human life within her. She formed you, educated you, cared for you. At the foot of the cross Mary witnessed your loving sacrifice for us.

You cared so much for her that your dying act was to commend her to the care of the apostle John.

May we continually thank the father for our mothers who have formed us, educated us and cared for us.

(Anthony Castle)

#### **Question for Day 3:**

What impact does Mary's complete willingness to be the Mother of God have on me?

#### **Bible Quote for Day 3:**

'And he came to her and said, "Greetings, O favoured one, the Lord is with you!"' Luke 1:28

#### **Prayer for Day 3:**

"Blessed are you among women and blessed is the child that you will bear! But why am I so favoured that the mother of My Lord should come to me? As soon as the sound of your greeting reached my ears, the baby in my womb leaped for joy. Blessed is she who has believed that what the Lord has said to her will be accomplished!"

(From Luke 1: 42 –45)

**Question for Day 4::**

What image comes to mind when I think of Jesus looking to His mother when He falls from the weight of the Cross?

**Bible Quote for Day 4:**

'When Jesus saw his mother and the disciple whom he loved standing nearby, he said to his mother, "Woman, behold, your son!" Then he said to the disciple, "Behold, your mother!" And from that hour the disciple took her to his own home." John 19:26-27

**Prayer Quote for Day 4:**

Hail Mary, Lady of grace!  
 God's love is shining in your face. Guide your children, hear our prayer,  
 Be always there.  
 Holy Mary, mother of God,  
 The child you carried is our Lord. Keep all families in your care,  
 Be always there.  
 Lady of sorrows, upon the hill  
 You stood with Jesus: stand there still, For our pain is yours to bear  
 Be always there  
 Hail, Mary, God's chosen one  
 Rejoicing with your risen son, May your joy be ours to share  
 Be always there.

(Michael Ainscough and Kathryn Reddy)

**Question for Day 5::**

How can I develop the qualities of humbleness, gentleness and hope in my interactions with my peers?

**Bible Quote for Day 5:**

'And the angel answered her, "The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be called holy—the Son of God." Luke 1:35

**Prayer for Day 5:**

Oh Mary, gentle one,	Teach us to love your son.
Oh Mary, humble one,	Help us to serve him.
Oh Mary peaceful one,	Help us to know your son.
Oh Mary, hopeful one,	Teach us to trust him.
Oh Mary, grateful one,	Teach us to thank your son.
Oh Mary, joyful one,	Help us to praise him.

(Francesca Leftley)



## Bishop Richard Challoner

During his lifetime and after his death, he was considered not only as a model of every virtue but as a saint. We are asked to pray that our Blessed Lord, through the Pope, may reward him further, by raising him to the altars of the Church as a Saint.

## Prayer for the Beatification of Bishop Richard Challoner

O God who made your servant Richard,  
a true and faithful pastor of your little flock in England,  
raise him, we beseech you, to the altars of thy Church,  
that we, who have been taught by his word and example  
may invoke his name in heaven,  
for the return of our country to belief in the Gospel,  
and to the unity of all Christians in the one Church of Jesus Christ.  
We ask this through the same Christ our Lord.

Amen.

Bishop Richard Challoner

Pray for us

