



Autumn 2023 – Week 14

Morning Prayers



Dates of Interest this week – 11th to 15th December

- 10th December – 2nd Sunday of Advent ([info](#))
- 11th December – St Damasus ([info](#))
- 11th December – International Mountain Day ([info](#))
- 12th December – Our Lady of Guadalupe ([info](#))
- 12th December – International Universal Health Coverage Day ([info](#))
- 13th December – St Lucy ([info](#))
- 14th December – St John of the Cross ([info](#))
- 17th December – 3rd Sunday of Advent ([info](#))

Chaplaincy on Social Media

["From a School Chaplain" on Facebook](#)
["RC Chaplaincy" on Twitter](#)

["Prayerful Pause" on YouTube](#)
["RCChaplaincy" on Instagram](#)

Each morning an act of worship should be made. This can be led by yourself or a pupil and can be made up of prayers from this booklet, www.richardchalloner.com/chaplaincy, or both.

[Guidance on best practice for Morning Prayer can be found here.](#)

[A selection of Catholic Prayers to use in Morning Prayer can be found here.](#)

Prayers for Morning Worship – 11th to 15th December

Theme for the week – Advent

Question for Day 1:

What activity can I do this Advent to bring light into the darkness of people's lives?

Bible Quote for Day 1:

'The light shines in the darkness and the darkness has not overcome it' John 1:5

Prayer for Day 1:

In the sixth month, God sent the angel Gabriel to Nazareth, a town in Galilee, to a virgin pledged to be married to a man named Joseph, a descendant of David. The Virgin's name was Mary. The angel went to her and said, "Greetings, you who are highly favoured! The Lord is with you". Mary was greatly troubled at his words and wondered what kind of greeting this might be. But the angel said to her, "Do not be afraid Mary, you have found favour with God. You will; be with child and give birth to a son and you are to give him the name Jesus. He will be great and will be called the Son of the Most High. The Lord God will give him the throne of his father David and he will rule over the house of Jacob forever; his kingdom will never end." "How will this be," asked Mary, "since I am a virgin?" The angel answered, "The Holy spirit has come upon you and the power of the Most High will over shadow you. So the holy one to be born will be called the Son of God. Even Elizabeth your relative is going to have a child in her old age – and she who is said to barren is in her sixth month, for nothing is impossible for God". "I am the Lord's servant," Mary answered. "May it be done to me as you have said." Then the angel left her.

(Luke 1:26 – 38)

Question for Day 2:

How can I make myself accountable to what I want to do this Advent.?

Bible Quote for Day 2:

'The people who walked in darkness have seen a great light; those who dwelt in a land of deep darkness, on them has light shone' Isaiah 9:2

Prayer for Day 2:

While people watched their sets one night, all seated round the screen,
The angel of the Lord appeared where evening news had been.
'Fear not' said he (for flashing lights had altered the transmission;
This strange celestial visitor had interfered with vision).
'I bring good news of peace on earth for all mankind,' he said;
But crackling sparks zigzagged the screen and every set went dead.
So angry viewers growled and cursed and electricians fumed,
Until as soon as possible normal service was resumed.

(Peter Dainty)

Question for Day 3:

How can I prepare my heart to help focus on Jesus' birth?

Bible Quote for Day 3

'You also, be patient. Establish your hands, for the coming of the Lord is at hand' James 5:8

Prayer for Day 3:

Dear God,

As we begin our preparations for Christmas, help us to remember what Christmas is really about. As we light our Advent candles help us to think about Jesus as the light of the world. Without him there would be no Christmas. Make us strong as we go through Advent and help us to think about Jesus, the Son of God at his birth.

Amen (Unknown Source)

Question for Day 4;

What can I contribute to the preparations of Christmas with thanksgiving in my heart?

Bible Quote for Day 4:

'Waiting for our blessed hope, the appearing of the glory of our greatest God and Saviour Jesus Christ' Titus 2:13

Prayer for Day 4:

O God our loving father, help us rightly to remember the birth of Jesus, so that we share in the songs of the angels, the gladness of the shepherds and the worship of the wise men. May the Christmas morning make us happy to be your children, and the Christmas evening bring us to our beds with grateful thoughts forgiving and forgiven, for Jesus' sake

Amen (Robert Louis Stevenson)

Question for Day 5:

As I wake on Christmas morning, how can I keep the celebration of the birth of Jesus in my mind throughout the day?

Bible Quote for Day 5:

'To the only God, our Saviour, through Jesus Christ our Lord, be glory, majesty, dominion, and authority, before all time and now and forever. Amen' Jude 1:25

Prayer for Day 5:

It's Christmastime.

The holly is abundant.

The presents and the food have been bought.

The grandparents are in the spare room.

But what of the meaning of Christmas?

"Jesus who??"

Father let us not get carried away with the trappings of Christmas.

Let us remember the birth of your son, our Saviour.

The traditions of Christmas may be fun, but let us not forget the true meaning.

In Jesus' name Amen (Unknown Source)



Bishop Richard Challoner

During his lifetime and after his death, he was considered not only as a model of every virtue but as a saint. We are asked to pray that our Blessed Lord, through the Pope, may reward him further, by raising him to the altars of the Church as a Saint.

Prayer for the Beatification of Bishop Richard Challoner

O God who made your servant Richard,
a true and faithful pastor of your little flock in England,
raise him, we beseech you, to the altars of thy Church,
that we, who have been taught by his word and example
may invoke his name in heaven,
for the return of our country to belief in the Gospel,
and to the unity of all Christians in the one Church of Jesus Christ.
We ask this through the same Christ our Lord.

Amen.

Bishop Richard Challoner

Pray for us

