



Spring 2024 – Week 1

Morning Prayers



Dates of Interest this week – 18th to 21st December

- 7th January – The Epiphany ([info](#))
- 8th January – The Baptism of Jesus ([info](#))
- 13th January – St Hilary ([info](#))
- 14th January – 2nd Sunday of Ordinary Time ([info](#))
- 14th January – Peace Sunday ([info](#))

Chaplaincy on Social Media

["From a School Chaplain" on Facebook](#)
["RC Chaplaincy" on Twitter](#)

["Prayerful Pause" on YouTube](#)
["RCChaplaincy" on Instagram](#)

Each morning an act of worship should be made. This can be led by yourself or a pupil and can be made up of prayers from this booklet, www.richardchalloner.com/chaplaincy, or both.

[Guidance on best practice for Morning Prayer can be found here.](#)

[A selection of Catholic Prayers to use in Morning Prayer can be found here.](#)

Prayers for Morning Worship – 8th to 12th January

Theme for the week – Feast of the Epiphany

Question for Day 1:

How can I develop my knowledge and strength in the same way as the wise men who travelled a long distance to worship Jesus.

Bible Quote for Day 1:

“A wise man is full of strength, and a man of knowledge enhances his might.” Proverbs 24:5

Prayer for Day 1:

O God,
by your heavenly star, you guided those who were wise
to your beloved Son, Jesus Christ.
May your blessing come to rest on our school.
Make our lives wise with your wisdom, true to your teaching, and enlivened by your love.
May your Word made flesh make his home among us.
Amen.

(Victor Hoagland)

Question for Day 2:

What strategies can I use to listen to the guidance of the Spirit?

Bible Quote for Day 2:

“For to one is given through the Spirit the utterance of wisdom, and to another the utterance of knowledge according to the same Spirit,” 1 Corinthians 12:8

Prayer for Day 2:

‘When King Herod heard about the birth of Jesus he was very upset. So he called the Visitors from the East to a secret meeting and found out from them the exact time that the star that they had been following had appeared. Then he sent them to Bethlehem with the instructions, ‘Go and search for the child and when you find him let me know so that I may go and worship him too’. And so they left, and on their way they saw the same star that they had been following from the East. When they saw it how happy they were! It went ahead of them until it stopped over the place where the child was. They went into the house and when they saw the child with his mother, Mary, they knelt down and worshipped him. They brought out gifts of gold, frankincense and myrrh and presented them to him.
They returned to their country by another road, since God had warned them in a dream not to go back to Herod.’

(Adapted from Matthew 2:1 – 12)

Question for Day 3:

How can I become a light in someone's darkness?

Bible Quote for Day 3:

"I have come into the world as light, so that whoever believes in me may not remain in darkness."

John 12:46

Prayer for Day 3:

Heavenly Father, we celebrate with the wise men the heavenly light and the discovery of the Light of the World- Jesus the Christ.

God of Light, make us faithful. Give us light, O God, sufficient for each step of the way. Help us to spread the light you have given us. Help us to live with what you give us and to give away what we have in abundance; in Christ's name.

Amen.

(Author Unknown)

Question for Day 4:

How can I thank God for the people in my life and my treasured memories?

Bible Quote for Day 4:

"Give thanks in all circumstances; for this is the will of God in Christ Jesus for you."

1 Thessalonians 5:18

Prayer for Day 4:

The Visitors from the East brought gifts of Gold Frankincense and myrrh to the baby Jesus. Lord, I give thanks for all that is 'gold' in my life: for the people who are precious to me, for the happy memories that I treasure, and for all that has been good over the years. May all that has been 'gold' for me, remind me always to appreciate those who are part of my life. Inspire me Lord, to give in such a way that I help to bring out the best in others.

Amen.

(Nicholas Hutchinson)

Question for Day 5

What decision will I make to enable me to follow Jesus?

Bible Quote for Day 5:

"Follow the pattern of the sound words that you have heard from me, in the faith and love that are in Christ Jesus." 2 Timothy 1:13

Prayer for Day 5:

"Lord Jesus Christ, alive and at large in the world,
help me to follow and find you there today,
in the places where I work,
meet people, spend money, and make plans.
Take me as a disciple of your kingdom,
to see through your eyes, and here the questions you are asking,
to welcome all others with your trust and truth,
and to change the things that contradict God's love,
by the power of the cross and the freedom of your spirit. Amen."

(John V Taylor)



Bishop Richard Challoner

During his lifetime and after his death, he was considered not only as a model of every virtue but as a saint. We are asked to pray that our Blessed Lord, through the Pope, may reward him further, by raising him to the altars of the Church as a Saint.

Prayer for the Beatification of Bishop Richard Challoner

O God who made your servant Richard,
a true and faithful pastor of your little flock in England,
raise him, we beseech you, to the altars of thy Church,
that we, who have been taught by his word and example
may invoke his name in heaven,
for the return of our country to belief in the Gospel,
and to the unity of all Christians in the one Church of Jesus Christ.
We ask this through the same Christ our Lord.

Amen.

Bishop Richard Challoner

Pray for us

