



Spring 2024 – Week 5

Morning Prayers



Dates of Interest this week – 5th to 9th February

- 4th February – 5th Sunday of Ordinary Time ([info](#))
- 4th February – International Day of Human Fraternity ([info](#))
- 5th February – St Agatha ([info](#))
- 6th February – International day of Zero Tolerance on FGM ([info](#))
- 8th February – St Josephine Bakhita ([info](#))
- 8th February – World Day of Prayer for Victims of Human Trafficking ([info](#))
- 10th February – St Scholastica ([info](#))
- 11th February – 6th Sunday of Ordinary Time ([info](#))
- 11th February – World Day of Prayer for the Sick ([info](#))
- 11th February – International Day of Women & Girls in Science ([info](#))
- 13th February – Shrove Tuesday (Pancake Day) ([info](#))
- 14th February – Ash Wednesday ([info](#))
- 18th February – 1st Sunday of Lent ([info](#))

Chaplaincy on Social Media

["From a School Chaplain" on Facebook](#)
["RC Chaplaincy" on Twitter](#)

["Prayerful Pause" on YouTube](#)
["RCChaplaincy" on Instagram](#)

Each morning an act of worship should be made. This can be led by yourself or a pupil and can be made up of prayers from this booklet,
www.richardchalloner.com/chaplaincy, or both.

[Guidance on best practice for Morning Prayer can be found here.](#)

[A selection of Catholic Prayers to use in Morning Prayer can be found here.](#)

Prayers for Morning Worship – 5th to 9th February

Theme for the week – For the sick

Question for Day 1:

Who can I pray for, to ask for healing from physical or mental illness?

Bible Quote for Day 1:

"While you stretch out your hand to heal, and signs and wonders are performed through the name of your holy servant Jesus."

Acts 4:30

Prayer for Day 1:

Father, lover of life, we pray for those suffering from a disease for which, at present, there is no known cure. Give them confidence in your love and never failing support. Grant wisdom and perseverance to all those working to discover the causes of the disease so that in time they may be able to offer hope to those who are afflicted.

Amen

(George Appleton)

Question for Day 2:

What can I do to show my support to those who are suffering?

Bible Quote for Day 2:

"Our hope for you is unshaken, for we know that as you share in our sufferings, you will also share in our comfort."

2 Corinthians 1:7

Prayer for Day 2:

Lord, people that we know and love are sick. Out of your compassion, please take away their pain. Let them know that you are with them. Help us to be as patient and as supportive as we possibly can so that they may feel loved and cared for in this time of darkness.

Amen

(Unknown Source)

Question for Day 3:

Who can I visit to give my time to offer comfort and compassion?

Bible Quote for Day 3:

"Who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God."

2 Corinthians 1:4

Prayer for Day 3:

Lord, comfort the sick, the hungry the lonely and those who are shut in on themselves. Use us to help in a practical way. Show us how to go about this and give us strength, tact and compassion. Let our efforts offer comfort to those in need so that their burdens may be eased.

Amen

(Etta Gullick)

Question for Day 4

How do I relate to people who have been affected by illness and disability?

Bible Quote for Day 4

"Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me." Psalm 23:4

Prayer for Day 4:

God our Father,
We bring before you today those for whom sickness or disability
profoundly affect their lives.
When they feel diminished,
remind them that you hold them
in the palm of your hand.
When they feel fragile and broken mould them and heal them.
When they feel uncertain about the future, cast out their fear.
When situations remind them not of what they can do, but what they cannot do, remind them that
Your love never fails.
May all of us, whatever our circumstances, never be so taken up with our own concerns that we do
not see or respond to the needs of others.
May we live with courage to deal with the different challenges that each of us will face.
Amen

(De la Salle Brothers)

Question for Day 5:

How do I develop my knowledge and faith in Jesus' healing touch upon those who are spiritually and physically sick?

Bible Quote for Day 5:

"Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord."
James 5:14

Prayer for Day 5:

Lord Jesus,
We ask you to bring your healing touch
to all those whom we know to be sick, afraid or worried.
Bring them your peace and healing.
Amen

(De La Salle Brothers)



Bishop Richard Challoner

During his lifetime and after his death, he was considered not only as a model of every virtue but as a saint. We are asked to pray that our Blessed Lord, through the Pope, may reward him further, by raising him to the altars of the Church as a Saint.

Prayer for the Beatification of Bishop Richard Challoner

O God who made your servant Richard,
a true and faithful pastor of your little flock in England,
raise him, we beseech you, to the altars of thy Church,
that we, who have been taught by his word and example
may invoke his name in heaven,
for the return of our country to belief in the Gospel,
and to the unity of all Christians in the one Church of Jesus Christ.
We ask this through the same Christ our Lord.

Amen.

Bishop Richard Challoner
Pray for us

