



Spring 2024 – Week 8

Morning Prayers



Dates of Interest this week – 28th Feb to 4th Mar

- 25th February – 2nd Sunday of Lent ([info](#))
- 1st March – St David ([info](#))
- 1st March – UN Day for Zero Discrimination ([info](#))
- 3rd March – 3rd Sunday of Lent ([info](#))

Chaplaincy on Social Media

["From a School Chaplain" on Facebook](#)
["RC Chaplaincy" on Twitter](#)

["Prayerful Pause" on YouTube](#)
["RCChaplaincy" on Instagram](#)

Each morning an act of worship should be made. This can be led by yourself or a pupil and can be made up of prayers from this booklet, www.richardchalloner.com/chaplaincy, or both.

[Guidance on best practice for Morning Prayer can be found here.](#)

[A selection of Catholic Prayers to use in Morning Prayer can be found here.](#)

Prayers for Morning Worship – 26th Feb to 1st Mar

Theme for the week – Lenten journey

Question for Day:

How do I seek what Jesus wants me to find?

Bible Quote for Day 1:

"If then you have been raised with Christ,
seek the things that are above, where Christ is, seated at the right hand of God."
Colossians 3:1

Prayer for Day 1:

"O Lord,
make this Lenten season different from the other ones.
Let me find you again.
Amen."
(Henri Nouwen)

Question for Day 2:

What sins do I need to receive forgiveness for?

Bible Quote for Day 2:

"For on this day shall atonement be made for you to cleanse you.
You shall be clean before the Lord from all your sins."
Leviticus 16:30

Prayer for Day 2:

"As Lent is the time for greater love, listen to Jesus' thirst... 'Repent and believe' "
(St Teresa of Calcutta)

Question for Day 3:

How can I follow Jesus in what I do and say?

Bible Quote for Day 3

"And calling the crowd to him with his disciples, he said to them,
"If anyone would come after me, let him deny himself and take up his cross and follow me."
Mark 8:34

Prayer for Day 3:

"Seek a relationship when you pray, not answers. You won't always find answers, but you will
always
find Jesus."
(Father Mike Schmitz)

Question for Day 4

How do I pray for protection for my heart and mind against ungodly influences?

Bible Quote for Day 4

"Vindicate me, O God, and defend my cause against an ungodly people,
from the deceitful and unjust man deliver me!"

Psalm 43:1

Prayer for Day 4:

We need the influence of the word of God,
and we don't need to leave the morality of our nation
to ungodly people who don't have a relationship with God.
(Majid Michel)

Question for Day 5

When can I ask Jesus to renew and create a clean heart in me today?

Bible Quote for Day 5

"Create in me a clean heart,
O God, and renew a right spirit within me."

Psalm 51:10

Prayer for Day 5:

"It is not just about giving up our favourite food but it's about going further
and giving up things like hatred and unforgiveness.
You need to clean your heart and prepare yourself for purity."
(Amanda Jobs)



Bishop Richard Challoner

During his lifetime and after his death, he was considered not only as a model of every virtue but as a saint. We are asked to pray that our Blessed Lord, through the Pope, may reward him further, by raising him to the altars of the Church as a Saint.

Prayer for the Beatification of Bishop Richard Challoner

O God who made your servant Richard,
a true and faithful pastor of your little flock in England,
raise him, we beseech you, to the altars of thy Church,
that we, who have been taught by his word and example
may invoke his name in heaven,
for the return of our country to belief in the Gospel,
and to the unity of all Christians in the one Church of Jesus Christ.
We ask this through the same Christ our Lord.

Amen.

Bishop Richard Challoner
Pray for us

