



Spring 2024 – Week 8

Morning Prayers



Dates of Interest this week – 4th to 8th March

- 3rd March – 3rd Sunday of Lent ([info](#))
- 3rd March – World Wildlife Day ([info](#))
- 4th March – St Casimir ([info](#))
- 5th March – UN International Day for Disarmament & Non-Proliferation ([info](#))
- 7th March – St Felicity & St Perpetua ([info](#))
- 8th March – St John of God ([info](#))
- 8th March – International Women's Day ([info](#))
- 9th March – St Frances of Rome ([info](#))
- 10th March – 4th Sunday of Lent – Laetare Sunday ([info](#))
- 10th March – Mothering Sunday ([info](#))
- 10th March – International Day of Women Judges ([info](#))

Chaplaincy on Social Media

["From a School Chaplain" on Facebook](#)

["RC Chaplaincy" on Twitter](#)

["Prayerful Pause" on YouTube](#)

["RCChaplaincy" on Instagram](#)

Each morning an act of worship should be made. This can be led by yourself or a pupil and can be made up of prayers from this booklet, www.richardchalloner.com/chaplaincy, or both.

[Guidance on best practice for Morning Prayer can be found here.](#)

[A selection of Catholic Prayers to use in Morning Prayer can be found here.](#)

Prayers for Morning Worship – 4th to 8th March

Theme for the week – Mothering Sunday

Question for Day 1:

What emotions did Mother Mary feel in the stable as she gave birth to the Son of God?

Bible Quote for Day 1:

"When a woman is giving birth, she has sorrow because her hour has come, but when she has delivered the baby, she no longer remembers the anguish, for joy that a human being has been born into the world."

John 16:21

Prayer for Day 1:

God of Love,
Thank you for my mother.
Sometimes she's angry, sometimes disappointed,
but she never stops believing in me.
She never stops seeing the potential even I don't recognise.
What she has done for me,
how she has worked and sacrificed...I don't even know how much,
but I am grateful for the warmth,
the hug, the person I know is always there for me.
Thank you God for my mother.
Bless her always. Amen
(Author Unknown)

Question for Day 2:

What prayer can I offer my mum wherever she is?

Bible Quote for Day 2:

"I thank my God always when I remember you in my prayers,"

Philemon 1:4

Prayer for Day 2:

Please God,
bless our mothers
wherever they are.
Help us to appreciate how selfless they are
day after day.
Let us make time
to tell our mothers
How much we love them
as our actions do not always make this clear. Amen
(Author Unknown)

Question for Day 3:

What qualities can I develop in me to become a faithful and loving parent in the future?

Bible Quote for Day 3:

"Honour your father and your mother, that your days may be long in the land that the Lord your God is giving you."

Exodus 20:12

Prayer for Day 3:

Thank you God that you are tender as a mother as well as strong as a father.

You give us life and care for us

like a mother who will not forsake her children.

We pray for our mothers today

putting them into your hands for time and for eternity

and we ask your blessing on all our relationships

in the families of our homes

And our communities. Amen

(Angela Ashwin)

Question for Day 4:

What qualities of Our Blessed Mother do I want to emulate?

Bible Quote for Day 4:

"She opens her mouth with wisdom, and the teaching of kindness is on her tongue."

Proverbs 31:26

Prayer for Day 4:

God made a wonderful mother,

A mother who never grows old;

He made her smile of the sunshine,

And He moulded her heart of pure gold;

In her eyes He placed bright shining stars,

In her cheeks fair roses you see;

God made a wonderful mother,

And He gave that dear mother to me. Amen

(Pat O'Reilly)

Question for Day 5:

How do I thank my mother through my actions and in my heart?

Bible Quote for Day 5:

"When a woman is giving birth, she has sorrow because her hour has come, but when she has delivered the baby, she no longer remembers the anguish, for joy that a human being has been born into the world."

John 16:21

Prayer for Day 5:

"All that I am or ever hope to be, I owe to my angel Mother."

(Abraham Lincoln)



Bishop Richard Challoner

During his lifetime and after his death, he was considered not only as a model of every virtue but as a saint. We are asked to pray that our Blessed Lord, through the Pope, may reward him further, by raising him to the altars of the Church as a Saint.

Prayer for the Beatification of Bishop Richard Challoner

O God who made your servant Richard,
a true and faithful pastor of your little flock in England,
raise him, we beseech you, to the altars of thy Church,
that we, who have been taught by his word and example
may invoke his name in heaven,
for the return of our country to belief in the Gospel,
and to the unity of all Christians in the one Church of Jesus Christ.
We ask this through the same Christ our Lord.

Amen.

Bishop Richard Challoner
Pray for us

