



Spring 2024 – Week 11

Morning Prayers



Dates of Interest this week – 25th to 29th March

- 24th March – Palm Sunday ([info](#))
- 25th March - International Day of Remembrance of Victims of the Slave Trade ([info](#))
- 25th March – Holi ([info](#))
- 28th March – Maundy Thursday ([info](#))
- 29th March – Good Friday ([info](#))
- 30th March – Holy Saturday ([info](#))
- 30th March – International Day of Zero Waste ([info](#))
- 31st March – Easter Sunday ([info](#))
- 2nd April – World Autism Awareness Day ([info](#))
- 7th April – Divine Mercy Sunday ([info](#))
- 8th April – The Annunciation of the Lord ([info](#))
- 9th April – Eid ([info](#))

Chaplaincy on Social Media

["From a School Chaplain" on Facebook](#)
["RC Chaplaincy" on Twitter](#)

["Prayerful Pause" on YouTube](#)
["RCChaplaincy" on Instagram](#)

Each morning an act of worship should be made. This can be led by yourself or a pupil and can be made up of prayers from this booklet, www.richardchalloner.com/chaplaincy, or both.

[Guidance on best practice for Morning Prayer can be found here.](#)

[A selection of Catholic Prayers to use in Morning Prayer can be found here.](#)

Prayers for Morning Worship – 25th to 29th March

Theme for the week – Holy Week

Question for Day 1:

What things go through my mind when I think of the pain and suffering Jesus endured for me?

Bible Quote for Day 1:

“And the grace of our Lord overflowed for me with the faith and love that are in Christ Jesus.”
1 Timothy 1:14

Prayer for Day 1:

Jesus Our Brother,
thank you for loving us so much
that you died for us,
lonely and in pain;
and thank you that you are close to us
when we are hurt or miserable,
for you are our true friend. Amen
(Angela Ashwin)

Question for Day 2:

How do I feel when I think about Jesus' blood flowing down from the cross in mercy and love for me?

Bible quote for Day 2:

“I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it very well. How precious to me are your thoughts, O God! How vast is the sum of them! If I would count them, they are more than the sand. I awake, and I am still with you.”
Psalm 139:14, 17-18

Prayer for Day 2:

God grant me the ability to see myself as you see me.
Yet protect me from what I find in my own heart, for surely it is more awful than I can bear.
Forgive me, and carry my burden of grief when I see my failings.
And God, don't let me take credit for the good things you have given me.
In your mercy help me to see the pride in my own heart.
Heal and renew my spirit; refine the passion of my heart; and help me to walk in humility. Amen
(David Maddalena)

Question for Day 3:

What emotions do I feel seeing Jesus look at me hanging from the cross?

Bible quote for Day 3:

"I can do all things through him who strengthens me."
Philippians 4:13

Prayer for Day 3:

Lord, thank you for your passionate love for me,
that you would die for me.
And thank you for your passionate love for the Father,
that you would obey him, even to death.
Lord, I am so often harassed and helpless, like a sheep without a shepherd—
How can I find my way unless you help me?
Have mercy on me. Lead me Lord.
Come, and give me the strength I need to follow you in doing the Father's will.
Bless the time I give to you this week.
Pour your blessing over me.
Give me a passionate love equal to yours,
so that I would be willing to endure all for the glory of Easter. Amen
(David Maddalena)

Question for Day 4:

Will I allow Jesus' to wash my feet and love me for the rest of my life?

Bible quote for Day 4:

"For God so loved the world, that he gave his only Son, that whoever believes in him should not
perish but have eternal life."
John 3:16

Prayer for Day 4:

Stretching out Thy divine hands upon the Cross,
Thou hast joined together
that which before was divided,
and by Thy mediation
Thou hast offered as a gift to the Father
the nature of mortal man,
that was under condemnation.
Therefore we sing the praises
of Thy sinless Crucifixion. Amen
(St. Joseph the Studite)



Bishop Richard Challoner

During his lifetime and after his death, he was considered not only as a model of every virtue but as a saint. We are asked to pray that our Blessed Lord, through the Pope, may reward him further, by raising him to the altars of the Church as a Saint.

Prayer for the Beatification of Bishop Richard Challoner

O God who made your servant Richard,
a true and faithful pastor of your little flock in England,
raise him, we beseech you, to the altars of thy Church,
that we, who have been taught by his word and example
may invoke his name in heaven,
for the return of our country to belief in the Gospel,
and to the unity of all Christians in the one Church of Jesus Christ.
We ask this through the same Christ our Lord.

Amen.

Bishop Richard Challoner
Pray for us

