



# Autumn 2024 – Week 3

## Morning Prayers



### Dates of Interest this week – 23<sup>rd</sup> to 27<sup>th</sup> September

- 22<sup>nd</sup> September – 25<sup>th</sup> Sunday of Ordinary Time ([info](#))
- 23<sup>rd</sup> September – St Pius of Pietrelcina (Padre Pio) ([info](#))
- 23<sup>rd</sup> September – International Day of Sign Languages ([info](#))
- 24<sup>th</sup> September – Our Lady of Walsingham ([info](#))
- 26<sup>th</sup> September – St Cosmas & St Damian ([info](#))
- 26<sup>th</sup> September – European Day of Languages ([info](#))
- 26<sup>th</sup> September - International Day for the Total Elimination of Nuclear Weapons ([info](#))
- 27<sup>th</sup> September – St Vincent de Paul ([info](#))
- 27<sup>th</sup> September – World Tourism Day ([info](#))
- 28<sup>th</sup> September – St Wenceslaus ([info](#))
- 29<sup>th</sup> September – 26<sup>th</sup> Sunday of Ordinary Time ([info](#))
- 29<sup>th</sup> September – World Heart Day ([info](#))
- 29<sup>th</sup> September – World Maritime Day ([info](#))

### Chaplaincy on Social Media

["From a School Chaplain" on Facebook](#)

["Prayerful Pause" on YouTube](#)

["RC Chaplaincy" on Twitter](#)

["RCChaplaincy" on Instagram](#)

Each morning an act of worship should be made. This can be led by yourself or a pupil and can be made up of prayers from this booklet, [www.richardchalloner.com/chaplaincy](http://www.richardchalloner.com/chaplaincy), or both.

[Guidance on best practice for Morning Prayer can be found here.](#)

[A selection of Catholic Prayers to use in Morning Prayer can be found here.](#)

# Prayers for Morning Worship – 23<sup>rd</sup> to 27<sup>th</sup> September

## Theme for the week Embracing different cultures

For use on any day – How to make the sign of the cross in different languages –  
<https://www.youtube.com/watch?v=T-WKfQ64na0>

**Sign of the Cross: “In the name of the Father, and of the Son, and of the Holy Spirit”**

### **Question for Day 1:**

How can the Our Father prayer help me to pray for other people?

### **Bible Quote for Day 1:**

“This, then, is how you should pray: Our Father ...” Matthew 6: 9

### **Prayer for Day 1:**

Our Father – in Spanish - <https://www.youtube.com/watch?v=8kty-ujnDKk>

“Our Father, who art in heaven, hallowed be thy name.  
Thy kingdom come, thy will be done, on earth, as it is in heaven.  
Give us this day our daily bread and  
forgive us our trespasses as we forgive those who trespass against us;  
and lead us not into temptation, but deliver us from evil. Amen.”

### **Question for Day 2:**

How does the Hail Mary help remind us of God’s blessings?

### **Bible Quote for Day 2:**

“In a loud voice she exclaimed:  
“Blessed are you among women, and blessed is the child you will bear!”  
Luke 1: 42

### **Prayer for Day 2:**

Hail Mary in Polish - [https://www.youtube.com/watch?v=j\\_F4WKHA6Ms](https://www.youtube.com/watch?v=j_F4WKHA6Ms)

“Hail Mary, full of grace, the Lord is with you.  
Blessed are you among women, and blessed is the fruit of your womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners,  
now and at the hour of our death. Amen.”

### **Question for Day 3:**

How can I thank God more for his gifts?

**Bible Quote for Day 3:**

"To God be glory in the church and in Christ Jesus throughout all generations, for ever and ever!  
Amen"  
Ephesians 3: 21

**Prayer for Day 3:**

Glory be in Italian - <https://www.youtube.com/watch?v=MDr5Zg2ojJQ>

"Glory be to the Father, and to the Son, and to the Holy Spirit.  
As it was in the beginning, is now, and ever shall be,  
world without end. Amen."

**Question for Day 4:**

How can I include and welcome people from different cultures?

**Bible Quote for Day 4:**

"There is neither Jew nor Gentile, neither slave nor free, nor is there male and female, for you are all one in Christ Jesus."  
Galatians 3: 28

**Prayer for Day 4: Prayer for Embracing Other Cultures and Languages**

"God Almighty, we ask for healthy, thriving relationships between neighbours. We pray different cultures will be able to understand and care for one another in our neighbourhood. We pray that the diversity of your people will be celebrated by all neighbours, just as you affirm and love each one of us. Amen"

**Question for Day 5:**

How can I remember to give thanks before I eat?

**Bible Quote for Day 5:**

"When he was at the table with them, he took bread, gave thanks"  
Luke 24: 30

**Prayer for Day 5:**

Grace before meals in French (please start video at 22 seconds)  
<https://www.youtube.com/watch?v=S9A3WZNSG20>

"Bless us, O Lord,  
and these your gifts  
which we are about to receive from your goodness.  
Through Christ our Lord. Amen."



## **Bishop Richard Challoner**

During his lifetime and after his death, he was considered not only as a model of every virtue but as a saint. We are asked to pray that our Blessed Lord, through the Pope, may reward him further, by raising him to the altars of the Church as a Saint.

### **Prayer for the Beatification of Bishop Richard Challoner**

O God who made your servant Richard,  
a true and faithful pastor of your little flock in England,  
raise him, we beseech you, to the altars of thy Church,  
that we, who have been taught by his word and example  
may invoke his name in heaven,  
for the return of our country to belief in the Gospel,  
and to the unity of all Christians in the one Church of Jesus Christ.  
We ask this through the same Christ our Lord.

**Amen.**

Bishop Richard Challoner  
Pray for us

