



Autumn 2024 – Week 5

Morning Prayers



Dates of Interest this week – 7th to 13th October

- 1st to 31st October – Black History Month ([info](#))
- 6th October – 27th Sunday of Ordinary Time ([info](#))
- 7th October – Our Lady of the Rosary ([info](#))
- 9th October – St John Henry Newman ([info](#))
- 10th October – World Mental Health Day ([info](#))
- 11th October – St John XXIII ([info](#))
- 11th October – International Day of the Girl Child ([info](#))
- 12th October – World Hospice & Palliative Care Day ([info](#))
- 13th October – 28th Sunday of Ordinary Time ([info](#))
- 13th to 19th October – Prisons Week ([info](#))

Chaplaincy on Social Media

["From a School Chaplain" on Facebook](#)

["Prayerful Pause" on YouTube](#)

["RC Chaplaincy" on Twitter](#)

["RCChaplaincy" on Instagram](#)

Each morning an act of worship should be made. This can be led by yourself or a pupil and can be made up of prayers from this booklet, www.richardchalloner.com/chaplaincy, or both.

[Guidance on best practice for Morning Prayer can be found here.](#)

[A selection of Catholic Prayers to use in Morning Prayer can be found here.](#)

Prayers for Morning Worship – 30th to 4th October

Theme for the week – Our Family

Question for Day 1: Do I need to forgive?

Bible Quote for Day 1:

“Know this, my beloved brothers and sisters: let every person be quick to hear, slow to speak, slow to anger” James 1:19

Prayer for Day 1:

Gentle God,
grant that at home where we are most truly ourselves,
where we are known at our best and worst,
we may learn to forgive and be forgiven.
Amen

(A New Zealand Prayer book)

Question for Day 2:

How can I show my appreciation to my parent/ carer?

Bible Quote for Day 2:

“For you formed my inward parts; you knitted me together in my mother’s womb.” Psalm 139:13

Prayer for Day 2:

Thank you God,
that you are tender as a mother,
as well as strong as a father.
You give us life, and care for us
like a mother who will not forsake her children.
We pray for our mothers today,
putting them into your hands now and for eternity;
and we ask your blessing on all our relationships
in the families of our homes, our churches, and our communities.
Amen

(Angela Ashwin)

Question for Day 3:

Who in my family (living are away) can I text to find out how they are?

Bible Quote for Day 3:

“And my God will supply every need of yours according to his riches in glory in Christ Jesus.”
Philippians 4:19

Prayer for Day 3:

Oh God, our heavenly Father, from whom every family in heaven and on earth is named: we entrust to your loving care the members of our families, both near and far. Supply their needs; guide their footsteps; keep them in safety of body and soul; and may your peace rest upon our homes and upon our dear ones everywhere.
Amen

(Frank Colquhoun)

Question for Day 4:

What gifts and talents do I have to share with my family?

Bible Quote for Day 4:

"Beloved, let us love one another, for love is from God, and whoever loves has been born of God and knows God." 1 John 4:7

Prayer for Day 4:

Pour your love on our family
and on all those who give so much of themselves through their care for us.
Help us to appreciate their gifts and their generosity in sharing them; help us to learn from them.
May we be able to help others and learn how much you love them through your Son, Jesus Christ our Lord.
Amen

(Downside Abbey)

Question for Day 5:

What time in this day can I spend a moment and thank God for my parents and carers?

Bible Quote for Day 5:

"Where shall I go from your Spirit? Or where shall I flee from your presence? If I ascend to heaven, you are there! If I make my bed in Sheol, you are there!" Psalm 139:7-8

Prayer for Day 5:

For my mother who raised me at her breast;
And for my father who raised me through his hard work;
I trust in the son of God when they enter his presence
That there will be a hundred thousand welcomes for them in the peace of heaven.
Amen

(Traditional Irish Blessing)



Bishop Richard Challoner

During his lifetime and after his death, he was considered not only as a model of every virtue but as a saint. We are asked to pray that our Blessed Lord, through the Pope, may reward him further, by raising him to the altars of the Church as a Saint.

Prayer for the Beatification of Bishop Richard Challoner

O God who made your servant Richard,
a true and faithful pastor of your little flock in England,
raise him, we beseech you, to the altars of thy Church,
that we, who have been taught by his word and example
may invoke his name in heaven,
for the return of our country to belief in the Gospel,
and to the unity of all Christians in the one Church of Jesus Christ.
We ask this through the same Christ our Lord.

Amen.

Bishop Richard Challoner
Pray for us

