



Autumn 2024 – Week 6

Morning Prayers



Dates of Interest this week – 14th to 18th October

- 1st to 31st October – Black History Month ([info](#))
- 13th to 19th October – Prisons Week ([info](#))
- 13th October – 28th Sunday of Ordinary Time ([info](#))
- 14th October – St Callistus ([info](#))
- 15th October – St Teresa of Avila ([info](#))
- 16th October – World Food Day ([info](#))
- 17th October – International Day for the Eradication of Poverty ([info](#))
- 17th October – St Ignatius of Antioch ([info](#))
- 18th October – St Luke ([info](#))
- 20th October – 29th Sunday of Ordinary Time ([info](#))
- 20th October – World Mission Day ([info](#))

Chaplaincy on Social Media

["From a School Chaplain" on Facebook](#)

["Prayerful Pause" on YouTube](#)

["RC Chaplaincy" on Twitter](#)

["RCChaplaincy" on Instagram](#)

Each morning an act of worship should be made. This can be led by yourself or a pupil and can be made up of prayers from this booklet, www.richardchalloner.com/chaplaincy, or both.

[Guidance on best practice for Morning Prayer can be found here.](#)

[A selection of Catholic Prayers to use in Morning Prayer can be found here.](#)

Prayers for Morning Worship – 14th to 18th October

Theme for the week – Prayers for the Sick

Question for Day 1:

What words of comfort and action can I give to my family and friends who are suffering and in pain?

Bible Quote for Day 1:

“For I consider that the sufferings of this present time are not worth comparing with the glory that is to be revealed to us.” Romans 8:18

Prayer for Day 1:

Lord,
we pray for all that are weighed down with the misery of suffering.
Reveal yourself to them as the God of love,
who yourself bear all our suffering. Amen

(George Appleton)

Question for Day 2:

How can I my prayers make a difference to those I know who are sick and suffering?

Bible Quote for Day 2:

“And after you have suffered a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, confirm, strengthen, and establish you.”
1 Peter 5:10

Prayer for Day 2:

Father,
we pray that we may live cheerfully and patiently and positively in both sickness and in health.
We bring before you all who are sick and all who care for them.
Bring healing to those we know who are ill, afraid or worried.
We think of those who suffer from constant sickness or weakness
and those who may never get well.
Father, be with them all, and be with us. Amen

(Nicholas Hutchinson)

Question for Day 3:

How can I use the example of the many saints who suffered with pain and illness to understand the meaning of suffering in this life?

Bible Quote for Day 3:

“Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God.”
2 Corinthians 1:3-4

Prayer for Day 3:

Lord,
comfort the sick, the hungry, the lonely and those who are hurt and shut in on themselves,

by your presence in their hearts.
Use us to help them in a practical way.
Show us how to set about this and give us strength, tact and compassion.
Teach us how to be alongside them,
and how to share in their distress.
Make us open to them and give us courage to suffer with them, and that is in so doing we share with you in the suffering of the world for we are your body on earth and you work through us. Amen

(Etta Gullick)

Question for Day 4:

How do I relate to the healing miracles through Jesus during his ministry on earth and in today's world?

Prayer for Day 4:

Lord we ask for our eyes to be opened to see God's glory more clearly and to be a beacon of light and comfort to those around us. Amen.

Bible Quote for Day 4:

"They came to Bethsaida and some people brought a blind man and begged Jesus to touch him. He took the blind man by the hand and led him outside the village. When he had spat on the man's eyes and put his hands on him, Jesus asked, 'Do you see anything?' He looked up and said, 'I see people; they look like trees walking around.' Once more Jesus put his hands on the man's eyes. Then his eyes were opened, his sight was restored and he saw everything clearly."

(Mark 8:22 – 25)

Question for Day 5:

Do I recognise God's healing power through His gifts given to those in the medical profession?

Bible Quote for Day 5:

"Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord." James 5:14

Prayer for Day 5:

The ancient Greeks discovered that the bark of the willow tree provided medicine. Native Americans made the same discovery. It is the salicylic acid in the bark of the willow tree that counters fever and pain. A German chemist, Felix Hoffman produced a slight variation of this acid that is not as irritating to the stomach. He called this variation ASPIRIN.

We know that aspirin is one of the medicines that may be taken for pain. Those who suffer from arthritis and rheumatism sometimes take it and it is helpful for those with long term heart problems. Research has shown that it also helps reduce the risk of some forms of cancer.

Let us pray that people be inspired to appreciate what is good and beneficial around them. May we pray that your creation can provide the answers to our on-going medical questions.

(Nicholas Hutchinson)



Bishop Richard Challoner

During his lifetime and after his death, he was considered not only as a model of every virtue but as a saint. We are asked to pray that our Blessed Lord, through the Pope, may reward him further, by raising him to the altars of the Church as a Saint.

Prayer for the Beatification of Bishop Richard Challoner

O God who made your servant Richard,
a true and faithful pastor of your little flock in England,
raise him, we beseech you, to the altars of thy Church,
that we, who have been taught by his word and example
may invoke his name in heaven,
for the return of our country to belief in the Gospel,
and to the unity of all Christians in the one Church of Jesus Christ.
We ask this through the same Christ our Lord.

Amen.

Bishop Richard Challoner
Pray for us

