



Autumn 2024 – Week 7

Morning Prayers



Dates of Interest this week – 21st to 23rd October

- 1st to 31st October – Black History Month ([info](#))
- 20th October – 29th Sunday of Ordinary Time ([info](#))
- 20th October – World Mission Day ([info](#))
- 22nd October – St John Paul II ([info](#))
- 23rd October – St John of Capistrano ([info](#))
- 26th October – St Chad ([info](#)) & St Cedd ([info](#))
- 27th October – 30th Sunday of Ordinary Time ([info](#))
- 28th October – St Simon ([info](#)) & St Jude ([info](#))
- 1st November – All Saints Day ([info](#))
- 2nd November – All Souls Day ([info](#))
- 3rd November – 31st Sunday of Ordinary Time ([info](#))
- 24th October – United Nations Day ([info](#))
- 29th October – International Day of Care & Support ([info](#))
- 31st October – World Cities Day ([info](#))

Chaplaincy on Social Media

["From a School Chaplain" on Facebook](#)
["RC Chaplaincy" on Twitter](#)

["Prayerful Pause" on YouTube](#)
["RCChaplaincy" on Instagram](#)

Each morning an act of worship should be made. This can be led by yourself or a pupil and can be made up of prayers from this booklet, www.richardchalloner.com/chaplaincy, or both.

[Guidance on best practice for Morning Prayer can be found here.](#)

[A selection of Catholic Prayers to use in Morning Prayer can be found here.](#)

Prayers for Morning Worship – 21st to 23rd October

Theme for the week – St John Paul II

Question for Day 1: Do I wonder at the mystery of myself and look to Christ for the meaning of life?

Bible Quote for Day 1:

“I know that when I come to you I will come in the fullness of the blessing of Christ.”
Romans 15:29

Prayer for Day 1:

Only in Christ do we find real love, and the fullness of life. When we wonder about the mystery of ourselves, help us to look to Christ who gives us the meaning of life. Amen
– *adapted From the Address to High School Students, (October, 1979). St John Paul II*

Question for Day 2: What steps can I take to humbly and patiently improve myself and those around me to make our community more fraternal?

Bible Quote for Day 2:

“Yet we know that a person is not justified by works of the law but through faith in Jesus Christ, so we also have believed in Christ Jesus, in order to be justified by faith in Christ and not by works of the law, because by works of the law no one will be justified.”
Galatians 2:16

Prayer for Day 2:

Thank you, Jesus, for stirring in us the desire to do something great with our lives. Thank you for the will to follow you, the refusal to allow ourselves to be ground down by mediocrity. Give us the courage to commit ourselves humbly and patiently to improving ourselves and society, to making the whole world more human and to become more fraternal. Amen (*adapted from St John Paul II words*).

Question for Day 3:

How does my daily life reflect the Word of God to my family, friends, peers and community?

Bible Quote for Day 3:

“And we also thank God constantly for this, that when you received the word of God, which you heard from us, you accepted it not as the word of men but as what it really is, the word of God, which is at work in you believers.”
1 Thessalonians 2:13

Prayer for Day 3:

We pray that we will courageously follow the path of personal holiness and diligently nourish ourselves with the word of God and the Eucharist. May we faithfully contribute to building up the Church and society. Help us to understand that true holiness does not mean a flight from the world; rather, it lies in the effort to incarnate the Gospel in everyday life, in the family, at school and at work, and in social and political involvement. Amen (*adapted from St John Paul II words*).



Bishop Richard Challoner

During his lifetime and after his death, he was considered not only as a model of every virtue but as a saint. We are asked to pray that our Blessed Lord, through the Pope, may reward him further, by raising him to the altars of the Church as a Saint.

Prayer for the Beatification of Bishop Richard Challoner

O God who made your servant Richard,
a true and faithful pastor of your little flock in England,
raise him, we beseech you, to the altars of thy Church,
that we, who have been taught by his word and example
may invoke his name in heaven,
for the return of our country to belief in the Gospel,
and to the unity of all Christians in the one Church of Jesus Christ.
We ask this through the same Christ our Lord.

Amen.

Bishop Richard Challoner
Pray for us

