



# Spring 2025 – Week 2

## Morning Prayers



### Dates of Interest this week – 13<sup>th</sup> to 17<sup>th</sup> January

- 12<sup>th</sup> January – The Baptism of Jesus ([info](#))
- 13<sup>th</sup> January – St Hilary ([info](#))
- 17<sup>th</sup> January – St Anthony ([info](#))
- 19<sup>th</sup> January – Second Sunday in Ordinary Time ([info](#))
- 19<sup>th</sup> January – Peace Sunday ([info](#))

### Chaplaincy on Social Media

["From a School Chaplain" on Facebook](#)  
["RC Chaplaincy" on Twitter](#)

["Prayerful Pause" on YouTube](#)  
["RCChaplaincy" on Instagram](#)

Each morning an act of worship should be made. This can be led by yourself or a pupil and can be made up of prayers from this booklet, [www.richardchalloner.com/chaplaincy](http://www.richardchalloner.com/chaplaincy), or both.

[Guidance on best practice for Morning Prayer can be found here.](#)

[A selection of Catholic Prayers to use in Morning Prayer can be found here.](#)

## Prayers for Morning Worship – 13<sup>th</sup> to 17<sup>th</sup> January

### Theme for the week – Peace in the World

#### **Question for Day 1:**

How do I pass on peace in my friendships, families and community?

#### **Bible Quote for Day 1:**

“Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid.”

John 14:27

#### **Prayer for Day 1:**

Lord, make me an instrument of your peace;  
where there is hatred, let me sow love;  
when there is injury, pardon; where there is doubt, faith;  
where there is despair, hope; where there is darkness, light;  
and where there is sadness, joy.  
Grant that I may not so much seek to be consoled as to console;  
to be understood, as to understand, to be loved as to love;  
for it is in giving that we receive, it is in pardoning that we are pardoned,  
and it is in dying that we are born to eternal life.

Amen

(St Francis of Assisi)

#### **Question for Day 2:**

How do I practice justice and truth in my thoughts and actions?

#### **Bible Quote for Day 2:**

Jesus said: "As the Father has loved me, so I have loved you; abide in my love. If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and abide in his love. I have said these things to you so that my joy may be in you, and that your joy may be complete. This is my commandment, that you love one another as I have loved you."

(John 15: 9 – 12)

#### **Prayer for Day 2:**

Lord Jesus Christ, who is called the Prince of Peace,  
who is yourself our peace and reconciliation, who so often said, "Peace to you," grant us peace.  
Make all men and women witnesses of truth, justice, and brotherly love.  
Banish from their hearts whatever might endanger peace.  
Enlighten our rulers that they may guarantee and defend the great gift of peace.  
May all peoples of the earth become as brothers and sisters.  
May longed-for peace blossom forth and reign always over us all.

Amen

(St. John XXIII)

#### **Question for Day 3:**

What words do I use to create peace in difficult situations?

#### **Bible Quote for Day 3:**

“Behold, the hour is coming, indeed it has come, when you will be scattered, each to his own home, and will leave me alone. Yet I am not alone, for the Father is with me. I have said these

things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world.”  
John 16:32-33

**Prayer for Day 3:**

Guide the nations of the world into ways of justice and truth  
and establish among them your peace

Lord in your mercy...

As Jesus taught us

we pray for our enemies and those who wish us harm.

May your Holy Spirit guide us all in ways of reconciliation and peace,  
obeying the law of Christ.

Lord in your mercy, hear our prayer.

Amen

(Resources for the Presbyterian Church, USA)

**Question for Day 4:**

Do I accept people of different cultures in my friendship groups and wider community?

**Bible Quote for Day 4:**

“I pray that the Lord who gives peace will always bless you with peace. May the Lord be with all of you.”

(2 Thessalonians 3: 16)

**Prayer for Day 4:**

O God of all hope and peace, we bring to you the needs of our broken and hurting world.

Our hearts are breaking with images of lives lost and torn apart by grief in Israel and Palestine.

We pray for an end to violence and warfare so that the challenging work of rebuilding may begin.

Help us, O Lord, to affirm our common humanity

so that in our differences we may build together for justice and peace.

In Jesus Christ, our Lord.

Amen.

**Question for Day 5:**

What change of attitude can I develop in me to sustain a peaceful attitude towards all those I meet?

**Bible Quote for Day 5:**

“Do not love the world or the things in the world. If anyone loves the world, the love of the Father is not in him. For all that is in the world—the desires of the flesh and the desires of the eyes and pride of life—is not from the Father but is from the world.” 1 John 2:15-16

**Prayer for Day 5:**

Show us Lord, the peace that we should seek,

the peace that we must give, the peace that we can keep,

and the peace that you have given in Jesus Christ our Lord

Amen

(Caryl Micklem, used by the Corrymeela Community, Northern Ireland)



## Bishop Richard Challoner

During his lifetime and after his death, he was considered not only as a model of every virtue but as a saint. We are asked to pray that our Blessed Lord, through the Pope, may reward him further, by raising him to the altars of the Church as a Saint.

### Prayer for the Beatification of Bishop Richard Challoner

O God who made your servant Richard,  
a true and faithful pastor of your little flock in England,  
raise him, we beseech you, to the altars of thy Church,  
that we, who have been taught by his word and example  
may invoke his name in heaven,  
for the return of our country to belief in the Gospel,  
and to the unity of all Christians in the one Church of Jesus Christ.  
We ask this through the same Christ our Lord.

Amen.

Bishop Richard Challoner  
Pray for us

