



Spring 2025 – Week 6

Morning Prayers



Dates of Interest this week – 10th to 14th February

- 1st to 28th February – LGBT History Month ([info](#))
- 9th February – 5th Sunday in Ordinary Time ([info](#))
- 10th February – St Scholastica ([info](#))
- 11th February – Our Lady of Lourdes ([info](#))
- 11th February – World Day of Prayer for the Sick ([info](#))
- 11th February – International Day of Women and Girls in Science ([info](#))
- 12th February - International Day for the Prevention of Violent Extremism ([info](#))
- 14th February – St Cyril & St Methodius ([info](#))
- 16th February – 6th Sunday in Ordinary Time ([info](#))

Chaplaincy on Social Media

["From a School Chaplain" on Facebook](#)
["RC Chaplaincy" on Twitter](#)

["Prayerful Pause" on YouTube](#)
["RCChaplaincy" on Instagram](#)

Each morning an act of worship should be made. This can be led by yourself or a pupil and can be made up of prayers from this booklet, www.richardchalloner.com/chaplaincy, or both.

[Guidance on best practice for Morning Prayer can be found here.](#)

[A selection of Catholic Prayers to use in Morning Prayer can be found here.](#)

Prayers for Morning Worship – 10th to 14th Feb

Theme for the week – World Day of Prayer for the Sick

Question for Day 1:

What part of my day can I offer a prayer for those who are sick?

Bible Quote for Day 1:

“Likewise the Spirit helps us in our weakness. For we do not know what to pray for as we ought, but the Spirit himself intercedes for us with groanings too deep for words.”

Romans 8:26

Prayer for Day 1:

Lord, give all sick children the inner strength to cope with the pressures that their illness brings. Help them to accept the love and care which their families have for them during this difficult time and give them the courage to let their parents know they love them.

We ask this through Christ, our Lord.

Amen.

(Pat O'Donaghue)

Question for Day 2:

How am I able to show care to someone in my peer group?

Bible Quote for Day 2:

“First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all people,”

1 Timothy 2:1

Prayer for Day 2:

O Lord, bless all who are sick.

Help them cope

with the frustration of illness

and the loneliness of pain.

Grant them comfort, and peace of mind;

courage, and strength,

and restful sleep at night.

O Lord, guide those who care for the sick.

May they bring compassion,

patience, and love to all

who need your healing touch.

Amen

(Lyndall Reid)

Question for Day 3:

Do I understand the pain and fear that my friends and family go through?

Bible Quote for Day 3:

“So that Christ may dwell in your hearts through faith—that you, being rooted and grounded in love, may have strength to comprehend with all the saints what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, that you may be filled with all the fullness of God.”

Ephesians 3:17-19

Prayer for Day 3:

Lord God, whose son Jesus Christ understood people’s fear and pain before they spoke of them, we pray for in hospital; those in pain; hold the weak in your arms of love and give hope and patience to those who are recovering. Amen

(Christine McMullen)

Question for Day 4:

How does the power of prayer impact my life?

Bible Quote for Day 4:

“And he said to her, “Daughter, your faith has made you well; go in peace, and be healed of your disease.””

Mark 5:34

Prayer for Day 4:

Watch, O Lord, with those who wake or watch, or weep tonight,
and give your angels charge over those who sleep.

Tend your sick ones.

Rest your weary ones.

Bless your dying ones.

Soothe your suffering ones.

Pity your afflicted ones.

Shield your joyous ones.

And for all your love's sake.

Amen

(St Augustine)

Question for Day 5:

Can the power of praying for those in need change my life?

Bible Quote for Day 5:

“Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord.”

James 5:14

Prayer for Day 5:

Heavenly Father, giver of life and health,

comfort and relieve your sick servants,

and give your power of healing to those who minister to their needs.

Through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit,

God, now and for ever

Amen

(from the Episcopal Daily Office)



Bishop Richard Challoner

During his lifetime and after his death, he was considered not only as a model of every virtue but as a saint. We are asked to pray that our Blessed Lord, through the Pope, may reward him further, by raising him to the altars of the Church as a Saint.

Prayer for the Beatification of Bishop Richard Challoner

O God who made your servant Richard,
a true and faithful pastor of your little flock in England,
raise him, we beseech you, to the altars of thy Church,
that we, who have been taught by his word and example
may invoke his name in heaven,
for the return of our country to belief in the Gospel,
and to the unity of all Christians in the one Church of Jesus Christ.
We ask this through the same Christ our Lord.

Amen.

Bishop Richard Challoner
Pray for us

