



Spring 2025 – Week 11

Morning Prayers



Dates of Interest this week – 24th to 28th March

- 1st to 31st March – Woman's History Month ([info](#))
- 23rd March – 3rd Sunday of Lent ([info](#))
- 24th March – World Tuberculosis Day ([info](#))
- 25th March – International Day of Remembrance
for the Victims of Slavery ([info](#))
- 26th March – International Day for Epilepsy ([info](#))
- 25th March – The Annunciation of the Lord ([info](#))
- 19th March – 4rd Sunday of Lent (Laetare Sunday) ([info](#))
- 19th March – Mothering Sunday ([info](#))

Chaplaincy on Social Media

["From a School Chaplain" on Facebook](#)

["Prayerful Pause" on YouTube](#)

["RC Chaplaincy" on Twitter](#)

["RCChaplaincy" on Instagram](#)

Each morning an act of worship should be made. This can be led by yourself or a pupil and can be made up of prayers from this booklet, www.richardchalloner.com/chaplaincy, or both.

[Guidance on best practice for Morning Prayer can be found here.](#)

[A selection of Catholic Prayers to use in Morning Prayer can be found here.](#)

Prayers for Morning Worship – 24th 28th March

Theme for the week – Prayers for Mothering Sunday

Question for Day 1:

In what ways can I show my thankfulness to my mum?

Bible Quote for Day 1:

When Jesus saw his mother and the disciple whom he loved standing nearby, he said to his mother, "Woman, behold, your son!" Then he said to the disciple, "Behold, your mother!" And from that hour the disciple took her to his own home.

(John 19:26-27)

Prayer for Day 1:

Lord Jesus,

Nine months before the day we celebrate as Christmas, your father's message to Mary of Nazareth and the presence of the Holy Spirit, began your human life within her. She formed you, educated you, cared for you. At the foot of the cross Mary witnessed your loving sacrifice for us. You cared so much for her that your dying act was to commend her to the care of your apostle John. May we continually thank the Father for our mothers who have formed us, educated us and cared for us.

(Anthony Castle)

Question for Day 2:

Do I offer a daily prayer in thanksgiving for my mum?

Bible Quote for Day 2;

"Honour your father and your mother, that your days may be long in the land that the LORD your God is giving you.

(Exodus 20:12)

Prayer for Day 2:

Please God,

bless our mothers

wherever they are.

Help us to appreciate how selfless they are
day after day.

Let us make time

to tell our mothers

how much we love them

as our actions do not always make this clear. Amen

(Author Unknown)

Question for Day 3:

How can I show my appreciation for my mum throughout the year?

Bible Quote for Day 3;

As one whom his mother comforts, so I will comfort you; you shall be comforted in Jerusalem.

(Isaiah 66:13)

Prayer for Day 3:

God, we know that no sentimentality on this day – no material gifts, no flowers or boxes of chocolates – can make up for the neglect during the rest of the year. So in the days ahead, may our love speak to the heart who knows us best: by kindness, compassion, by simple courtesy and daily thoughtfulness.

Bless our mothers and keep them in your perfect peace, through Jesus Christ our Lord. Amen

(Peter Marshall)

Question for Day 4:

How often can I pray the 'Hail Mary' asking our Blessed Mother for her prayers and intercession?

Bible Quote for Day 4;

"Can a woman forget her nursing child, that she should have no compassion on the son of her womb? Even these may forget, yet I will not forget you.

(Isaiah 49:15)

Prayer for Day 4:

Mother of God,

We turn to you for protection. Listen to our prayers and help us in our needs.

Save us and our loved ones from every danger.

Remember most loving Mary,

never was it said that anyone who turned to you for help was left unaided.

Be merciful and hear my prayer. Amen

(Victor Hoagland)

Question for Day 5:

When can I stop and spend time in prayer for my mother and grandmothers today?

Bible Quote for Day 5;

I am reminded of your sincere faith, a faith that dwelt first in your grandmother Lois and your mother Eunice and now, I am sure, dwells in you as well.

(2 Timothy 1:5)

Prayer for Day 5:

God of Love,

Thank you for my mother.

Sometimes she's angry, sometimes disappointed,
but she never stops believing in me.

She never stops seeing the potential even I don't recognise.

What she has done for me,

how she has worked and sacrificed...I don't even know how much,

but I am grateful for the warmth, the hug,

the person I know is always there for me.

Thank you God for my mother.

Bless her always. Amen

(Author Unknown)



Bishop Richard Challoner

During his lifetime and after his death, he was considered not only as a model of every virtue but as a saint. We are asked to pray that our Blessed Lord, through the Pope, may reward him further, by raising him to the altars of the Church as a Saint.

Prayer for the Beatification of Bishop Richard Challoner

O God who made your servant Richard,
a true and faithful pastor of your little flock in England,
raise him, we beseech you, to the altars of thy Church,
that we, who have been taught by his word and example
may invoke his name in heaven,
for the return of our country to belief in the Gospel,
and to the unity of all Christians in the one Church of Jesus Christ.
We ask this through the same Christ our Lord.

Amen.

Bishop Richard Challoner
Pray for us

