



Spring 2025 – Week 12

Morning Prayers



Dates of Interest this week – 31st March to 4th April

- 1st to 31st March – Woman’s History Month ([info](#))
- 29th March – 4rd Sunday of Lent (Laetare Sunday) ([info](#))
- 29th March – Mothering Sunday ([info](#))
- 30th March – International Day of Zero Waste ([info](#))
- 31st March – Trans Visibility Day ([info](#))
- 1st to 30th April – Stress Awareness Month ([info](#))
- 2nd April – World Autism Awareness Day ([info](#))
- 5th April – Passover begins (Jewish) – ([info](#))
- 6th April – 5th Sunday of Lent ([info](#))
- 7th April – St John Baptist de la Salle ([info](#))
- 7th April – World Health Day ([info](#))
- 13th April – Palm Sunday ([info](#))
- 17th April – Maundy Thursday ([info](#))
- 18th April – Good Friday ([info](#))
- 19th April – Holy Saturday ([info](#))
- 22nd April – Stephen Lawrence Day ([info](#))
- 20th April – Easter Sunday ([info](#))

Chaplaincy on Social Media

["From a School Chaplain" on Facebook](#)

["Prayerful Pause" on YouTube](#)

["RC Chaplaincy" on Twitter](#)

["RCChaplaincy" on Instagram](#)

Each morning an act of worship should be made. This can be led by yourself or a pupil and can be made up of prayers from this booklet, www.richardchalloner.com/chaplaincy, or both.

[Guidance on best practice for Morning Prayer can be found here.](#)

[A selection of Catholic Prayers to use in Morning Prayer can be found here.](#)

Prayers for Morning Worship – 31st March to 4th April

Theme for the week – Preparation for Holy Week

Question for Day 1:

Do I understand the sacrifice that Jesus gave for me?

Bible Quote for Day 1:

When Jesus had finished all these sayings, he said to his disciples, "You know that after two days the Passover is coming, and the Son of Man will be delivered up to be crucified." Then the chief priests and the elders of the people gathered in the palace of the high priest, whose name was Caiaphas, and plotted together in order to arrest Jesus by stealth and kill him. But they said, "Not during the feast, lest there be an uproar among the people."

(Matthew 26:1-75)

Prayer for Day 1:

At this special time, may we truly appreciate the sacrifice that Jesus made for us in giving up his own life, so that we may join him in eternal life in heaven. May we praise him giving not only our hallelujahs, but also our hearts.

(Alan Sayers)

Question for Day 2:

When can I make time this week to read about what Jesus endured for me?

Bible Quote for Day 2:

"For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord."

Romans 6:23

Prayer for Day 2:

When I survey the wondrous cross,
On which the king of glory died,
My richest gain I count but loss,
And pour contempt on all my pride.
Were the whole realm of nature mine,
That were an offering far too small;
Love so amazing so divine,
Demands my soul, my life, my all

(Isaac Watts)

Question for Day 3

How do I show the love of Jesus in me through to my peers?

Bible Quote for Day 3:

"For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life." (John 3:16)

Prayer for Day 3:

O my sweet saviour,
who in your undeserved love towards us so kindly
suffered the painful death of the cross,
me not to be cold or luke warm in love towards you.

(St Thomas More)

Question for Day 4:

Do I believe in the healing power of the Cross?

Bible Quote for Day 4:

“He himself bore our sins in his body on the tree, that we might die to sin and live to righteousness.
By his wounds you have been healed.”

(1 Peter 2:24)

Prayer for Day 4:

May the cross of our Lord
protect all those who belong to Jesus,
and strengthen our hearts in faith to Christ,
in hardship and in ease,
in life and death
now and forever.

(Simon, Bishop of Iran - d. 339)

Question for Day 5:

How do I show mercy and compassion to those around me?

Bible Quote for Day 5:

“Jesus said to her, “I am the resurrection and the life. Whoever believes in me, though he die, yet shall he live.” John 11:25

Prayer for Day 5:

Jesus our brother,
awaken in us compassion for all who live the Way of the Cross daily.
Fill our hearts with your love,
showing us the way to embrace the world,
extend your kingdom of mercy, justice, and love to all.
Save us, saviour of the world,
for by your cross and resurrection you have set us free.

(Prayer from the Stations of the Cross)



Bishop Richard Challoner

During his lifetime and after his death, he was considered not only as a model of every virtue but as a saint. We are asked to pray that our Blessed Lord, through the Pope, may reward him further, by raising him to the altars of the Church as a Saint.

Prayer for the Beatification of Bishop Richard Challoner

O God who made your servant Richard,
a true and faithful pastor of your little flock in England,
raise him, we beseech you, to the altars of thy Church,
that we, who have been taught by his word and example
may invoke his name in heaven,
for the return of our country to belief in the Gospel,
and to the unity of all Christians in the one Church of Jesus Christ.
We ask this through the same Christ our Lord.

Amen.

Bishop Richard Challoner
Pray for us

