



# Summer 2025 – Week 4

## Morning Prayers



### Dates of Interest this week – 12<sup>th</sup> to 16<sup>th</sup> May

- 11<sup>th</sup> May – 4<sup>th</sup> Sunday of Easter (Good Shepherd Sunday) ([info](#))
- 11<sup>th</sup> May – World Day of Prayer for Vocations ([info](#))
- 12<sup>th</sup> to 18<sup>th</sup> May – Mental Health Awareness Week ([info](#))
- 12<sup>th</sup> May – St Pancras ([info](#))
- 12<sup>th</sup> May – International Nurses Day ([info](#))
- 12<sup>th</sup> May – International ME/CFS Awareness Day ([info](#))
- 13<sup>th</sup> May – Our Lady of Fatima ([info](#))
- 14<sup>th</sup> May – St Matthias ([info](#))
- 15<sup>th</sup> May – National Children’s Day ([info](#))
- 15<sup>th</sup> May – International Day of Families ([info](#))
- 16<sup>th</sup> May – St Simon Stock ([info](#))
- 17<sup>th</sup> May – International Day against Homophobia & Transphobia ([info](#))
- 18<sup>th</sup> May – 5<sup>th</sup> Sunday of Easter ([info](#))

### Chaplaincy on Social Media

["From a School Chaplain" on Facebook](#)

["Prayerful Pause" on YouTube](#)

["RC Chaplaincy" on Twitter](#)

["RCChaplaincy" on Instagram](#)

Each morning an act of worship should be made. This can be led by yourself or a pupil and can be made up of prayers from this booklet,

[www.richardchalloner.com/chaplaincy](http://www.richardchalloner.com/chaplaincy), or both.

[Guidance on best practice for Morning Prayer can be found here.](#)

[A selection of Catholic Prayers to use in Morning Prayer can be found here.](#)

## Prayers for Morning Worship –12<sup>th</sup> to 16<sup>th</sup> May

### Theme for the week – Exams

#### **Question for Day 1:**

How can I develop my trust in the Holy Spirit at work in my exams?

#### **Bible Quote for Day 1:**

Do your best to present yourself to God as one approved, a worker who has no need to be ashamed, rightly handling the word of truth. (2 Timothy 2:15)

#### **Prayer for Day 1:**

Although I have studied well, I cannot always remember what I have learned. Help me to keep calm and not be worried, so that I will remember what I have learned and do my best. Then, if I fail, I need not be ashamed; and if I pass, please help me not to boast but give thanks to you for helping me to use the gifts which you have given. Thank you, God.

Amen

(Nancy Martin)

#### **Question for Day 2:**

How does the peace of Christ rest in my mind?

#### **Bible Quote for Day 2:**

An intelligent heart acquires knowledge, and the ear of the wise seeks knowledge. (Proverbs 18:15)

#### **Prayer for Day 2:**

Lord, It's started; exam time...why is it always sunny?

I hate revision. It's rubbish.

But if I don't do it, where will I be then?

I'm not sure that I want to go to college

But if I don't do my best

I know that I'll be disappointed.

Which I guess says it all.

I've just got to get on with it

The summer holidays aren't that far away,

So the question is, do I want to spend them

Feeling gutted that I didn't do my best

Or proud that I did?

The answers simple, isn't it, Lord?

Amen

(Dave Gatward)

**Question for Day 3:**

What prayer can I offer for my friends taking exams?

**Bible Quote for Day 3:**

But grow in the grace and knowledge of our Lord and Saviour Jesus Christ. To him be the glory both now and to the day of eternity. Amen.

(2 Peter 3:18)

**Prayer for Day 3:**

Lord, we need your help.

We need a calm mind; grant us your peace.

We need a clear head, grant us your wisdom. We need a careful spirit, grant us your patience. We need inspiration; grant us your enthusiasm. Keep us from all panic As we put our trust in your power to help us keep us this day

Amen

(Kathleen a. Goodacre)

**Question for Day 4:**

How can I incorporate a short prayer as I start an exam?

**Bible Quote for Day 4:**

Let the wise hear and increase in learning, and the one who understands obtain guidance.

(Proverbs 1:5)

**Prayer for Day 4:**

Lord, guide and help me through these exams, so that I may do justice to all that I have learned.

Help me, and all of us doing exams to keep there importance in perspective.

Amen

(Nick Aiken)



## **Bishop Richard Challoner**

During his lifetime and after his death, he was considered not only as a model of every virtue but as a saint. We are asked to pray that our Blessed Lord, through the Pope, may reward him further, by raising him to the altars of the Church as a Saint.

### **Prayer for the Beatification of Bishop Richard Challoner**

O God who made your servant Richard,  
a true and faithful pastor of your little flock in England,  
raise him, we beseech you, to the altars of thy Church,  
that we, who have been taught by his word and example  
may invoke his name in heaven,  
for the return of our country to belief in the Gospel,  
and to the unity of all Christians in the one Church of Jesus Christ.  
We ask this through the same Christ our Lord.

**Amen.**

Bishop Richard Challoner

**Pray for us**

