



# Autumn 2025 – Week 6

## Morning Prayers



### Dates of Interest this week – 6<sup>th</sup> to 10<sup>th</sup> October

- 1<sup>st</sup> to 31<sup>st</sup> October – Black History Month ([info](#))
- 5<sup>th</sup> October – 27<sup>th</sup> Sunday of Ordinary Time ([info](#))
- 5<sup>th</sup> October – World Teachers' Day ([info](#))
- 6<sup>th</sup> to 13<sup>th</sup> October – Dyslexia Awareness Week ([info](#))
- 6<sup>th</sup> October – World Habitat Day ([info](#))
- 7<sup>th</sup> October – Our Lady of the Rosary ([info](#))
- 9<sup>th</sup> October – St John Henry Newman ([info](#))
- 10<sup>th</sup> October – World Mental Health Day ([info](#))
- 10<sup>th</sup> October – World Homelessness Day ([info](#))
- 11<sup>th</sup> October – St John XXIII ([info](#))
- 11<sup>th</sup> October – International Day of the Girl Child ([info](#))
- 12<sup>th</sup> October – 28<sup>th</sup> Sunday of Ordinary Time ([info](#))

### Chaplaincy on Social Media

["From a School Chaplain" on Facebook](#)  
["RC Chaplaincy" on Twitter](#)

["Prayerful Pause" on YouTube](#)  
["RCChaplaincy" on Instagram](#)

Each morning an act of worship should be made. This can be led by yourself or a pupil and can be made up of prayers from this booklet, [www.richardchalloner.com/chaplaincy](http://www.richardchalloner.com/chaplaincy), or both.

[Guidance on best practice for Morning Prayer can be found here.](#)

[A selection of Catholic Prayers to use in Morning Prayer can be found here.](#)

## Prayers for Morning Worship – 6<sup>th</sup> to 10<sup>th</sup> October

### Theme for the week – Our Work

#### **Question for Day 1:**

How do I give thanks for the opportunity to work?

#### **Bible Quote for Day 1:**

I give thanks to Christ Jesus our Lord, who has given me strength for my work. I thank him for considering me worthy and appointing me to serve him' 1 Timothy 1;12

#### **Prayer for Day 1:**

Lord as we begin this new day,  
help us to work hard, both at the things that we enjoy  
and the things that we find difficult.

When we are feeling over burdened with work,  
help us to seek advice from our teachers  
and parents about how to cope.

Lord, help us to keep a healthy balance between work and play.

Amen (Author Unknown)

#### **Question for Day 2:**

What goals do I wish to achieve this year through my work?

#### **Bible Quote for Day 2:**

'You will give us prosperity, Lord, everything that we achieve is the result of what we do'  
Isaiah 26:12

#### **Prayer for Day 2:**

Lord, as we go to our work this day  
show us clearly what our duty is  
and help us to be faithful in doing it.

Give us enthusiasm to attempt,  
and patience to perform.

When we cannot love our work  
May we think of it as your task.

Amen (George Dawson)

#### **Question for Day 3:**

What can I do to become a valued member in my school community?

#### **Bible Quote for Day 3:**

'We beg you, our brothers and sisters, to pay proper respect to those who work among you, who guide you and instruct you in the Christian life' 1 Thessalonians 5:12

**Prayer for Day 3:**

Lord, our attitude to work changes with our moods;  
we are as variable as the weather.  
Some days we enjoy every moment of our work;  
other days we feel tired and resentful of it.  
There are mornings when we dread the thought of getting up;  
but there are also times when we go to school gladly.  
As friends of Jesus  
help us to offer you our work as an act of praise.  
Let us seek to honour you in everything we do.

Amen (Bruce Prewer)

**Question for Day 4:**

How can I build strategies in my life to be able to work to the best of my potential?

**Bible Quote for Day 4:**

'That is why we always pray for you. We ask our God to make you worthy of the life he has called you to live. May he fulfil by his power all your desire for goodness and complete your work of faith'  
2 Thessalonians 1:11

**Prayer for Day 4:**

God of truth, who has guided men in knowledge throughout the ages, and from whom every good thought comes, help us in our study to use your gifts of wisdom and knowledge. Let us read good books carefully and listen to all wise teaching humbly that we may be led towards truth, and strengthened in all the goodness of life, to the praise of your holy name.

Amen (Rowland Williams)

**Question for Day 5:**

How can I develop my faith to achieve what God desires of me in my work?

**Bible Quote for Day 5:**

'We struggle and work hard, because we have placed our hope in the living God, who is the Saviour of all and especially of those who believe' 1 Timothy 4:10

**Prayer for Day 5:**

O Lord,  
You know how busy I must be today.  
If I forget you,  
do not forget me.

Amen (Sir Jacob Astley)



## Bishop Richard Challoner

During his lifetime and after his death, he was considered not only as a model of every virtue but as a saint. We are asked to pray that our Blessed Lord, through the Pope, may reward him further, by raising him to the altars of the Church as a Saint.

### Prayer for the Beatification of Bishop Richard Challoner

O God who made your servant Richard,  
a true and faithful pastor of your little flock in England,  
raise him, we beseech you, to the altars of thy Church,  
that we, who have been taught by his word and example  
may invoke his name in heaven,  
for the return of our country to belief in the Gospel,  
and to the unity of all Christians in the one Church of Jesus Christ.  
We ask this through the same Christ our Lord.

Amen.

Bishop Richard Challoner  
Pray for us

