



# Morning Prayers

## Autumn 2025 - Week 12



**Dates of Interest this week – 24th to 28th November**

**Theme for the week – Faith**

**1<sup>st</sup> to 30<sup>th</sup> November – Islamophobia Awareness Month ([info](#))**

**1<sup>st</sup> to 30<sup>th</sup> November – Men’s Health Awareness Month ([info](#))**

**14<sup>th</sup> Nov to 20<sup>th</sup> Dec – Disability History Month ([info](#))**

**23<sup>rd</sup> November – Christ the King ([info](#))**

**23<sup>rd</sup> November – Youth Sunday ([info](#))**

**24<sup>th</sup> November – St Andrew Dung-Lac & Companions ([info](#))**

**25<sup>th</sup> November – St Catherine of Alexandria ([info](#))**

**25<sup>th</sup> November – International Day for**

**Elimination of Violence against Women ([info](#))**

**25<sup>th</sup> Nov to 10<sup>th</sup> Dec – 16 Days of Action**

**Against Domestic Violence ([info](#))**

**26<sup>th</sup> November – World Sustainable Transport Day ([info](#))**

**29<sup>th</sup> November – International Day of Solidarity**

**with the Palestinian People ([info](#))**

**30<sup>th</sup> November – 1<sup>st</sup> Sunday of Advent ([info](#))**

**30<sup>th</sup> November – Day of Remembrance for all**

**victims of Chemical Warfare ([info](#))**



# Autumn 2025 - Week 12



**MONDAY**

## Question for the Day

How can faith help me today?



## Prayer

Jesus

Wake me!

Warm my heart with your love.

Shake me!

Inspire my mind with your words.

Fill me!

Nourish my soul with your hope.

Hold me!

Protect my life with your strength.

Be with me As I work, rest and relax today.

Amen.

## Bible Quote

“For you know that the testing of your faith produces steadfastness’ **James 1:3**



# Autumn 2025 - Week 12



**TUESDAY**

## Question for the Day

How can I encourage my peers in their faith?



## Bible Quote

‘For I long to see you, that I may impart to you some spiritual gift to strengthen you— that is, that we may be mutually encouraged by each other’s faith, both yours and mine.’ **Romans 1:11-12**

## Prayer

Great God, Faith is the powerful bond which links all Christian people.

We praise you for faith and faithfulness in the ages of darkness,

In disappointments and disasters, in hostile societies where faith is called madness.

May this great tree of faith continue to grow, deeply rooted on your word,

And offering to all a living faith for the healing of nations

(Bernard Thorogood)



# Autumn 2025 - Week 12



## WEDNESDAY

### Question for the Day

What things do I have to be thankful for today?



### Bible Quote

‘I thank my God always when I remember you in my prayers, because I hear of your love and of the faith that you have toward the Lord Jesus and for all the saints, and I pray that the sharing of your faith may become effective for the full knowledge of every good thing that is in us for the sake of Christ.’ **Philemon 1:4-6**

### Prayer

Thank you for the gift of faith.

When I am alone or frightened faith is there.

When my friends shut their eyes or turn their backs, faith is there.

When my human world is in turmoil, faith is there.

I cannot buy it. I cannot borrow it.

I need only to acknowledge you and faith is there.

Remind me that regardless of what appears,

I can always depend on you because you,

God, are faithful.

(Iyanla Vanzant)



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## THURSDAY

### Question for the Day

What things can I do to enable my faith to help my worries and anxieties?



### Bible Quote

‘Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God’

**Philippians 4:6**

### Prayer

A little kid ran across the street runny-nosed, a bit scruffy tripping over almost. She ran towards a man whose Arms were open wide to welcome her. ‘Give us a swing Jesus,’ she said, and she felt herself lifted high and she saw the street and sky whirling around her, ablaze with colour like a mixed up rainbow. She was laughing then – excited, free gasping for breath ‘enough’ she said and she felt herself slowing down relaxing, safe as Jesus held her in his arms and smiled...

Unless we become like little children, Unless we risk that joy and abandonment

Unless we run and ask ourselves to be lifted high  
We are never going to enter the Kingdom of God.

(The Iona Community)



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**FRIDAY**

## Question for the Day

What tools can I use to help my faith grow?



## Bible Quote

‘For by grace you have been saved through faith. An this is not your own doing; it is the gift of God’ **Ephesians 2:8**

## Prayer

Make us Lord so that our faith is not in our words but in our lives. Not in what we say but who we are, Passing on your love like an infectious laugh: Not worried, not threatening, just shining like the sun, like a starry night, like a lamp on a stand, light for life - your light for our lives.

(The Iona Community)