



# Morning Prayers

## Autum 14



### Dates of Interest this week – 8th to 12th December

14<sup>th</sup> Nov to 20<sup>th</sup> Dec – Disability History Month ([info](#))

10<sup>th</sup> December – International Human Rights Day ([info](#))

25<sup>th</sup> Nov to 10<sup>th</sup> Dec – 16 Days of Action Against Domestic  
Violence ([info](#))

11<sup>th</sup> December – St Damasus ([info](#))

7<sup>th</sup> December – 2<sup>nd</sup> Sunday of Advent ([info](#))

11<sup>th</sup> December – International Mountain Day ([info](#))

12<sup>th</sup> December – Our Lady of Guadalupe ([info](#))

8<sup>th</sup> December – The Immaculate Conception of Mary ([info](#))

12<sup>th</sup> December – International Universal Health

9<sup>th</sup> December – International Anti-corruption Day ([info](#))

Coverage Day ([info](#))

9<sup>th</sup> December - International Day of Commemoration of

13<sup>th</sup> December – St Lucy ([info](#))

Victims and the Prevention of Genocide ([info](#))

14<sup>th</sup> December – 3<sup>rd</sup> Sunday of Advent ([info](#))



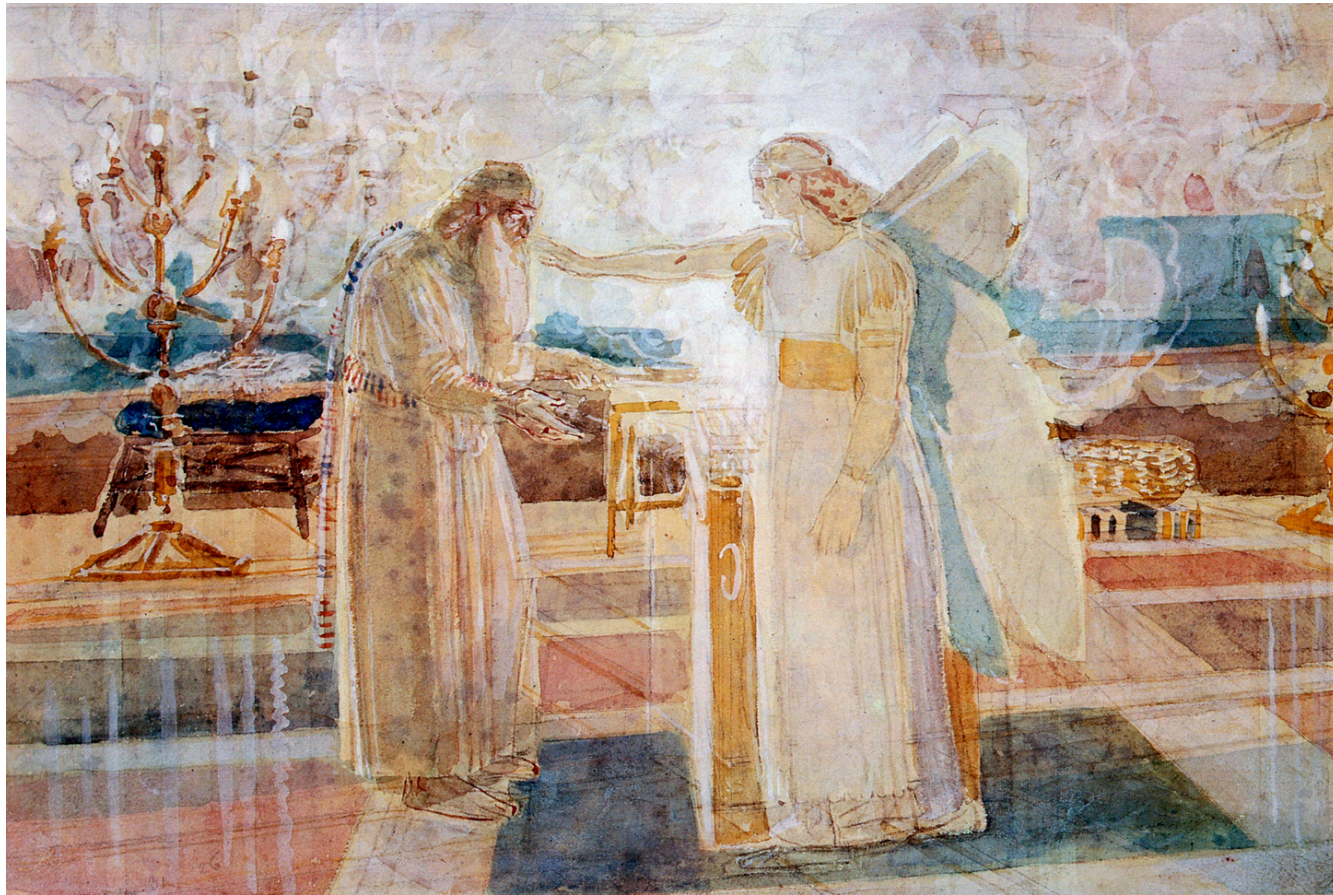
# Autumn 2025 - Week 14



**MONDAY**

## Question for the Day

What bible story does this remind me of?



## Bible Quote

‘And Mary said, “My soul magnifies the Lord,”

**Luke 1:46**

## Prayer

Hail holy queen, mother of mercy; hail our life, our sweetness and our hope.

To you do we cry, poor banished children of Eve.  
To you do we send up our sighs, mourning and weeping in this vale of tears.

Turn then, most gracious advocate, your eyes of mercy towards us;  
and after this our exile show unto us the blessed fruit of thy womb, Jesus.

O clement, O loving, O sweet virgin Mary. Pray for us  
O holy mother of God,

That we may be made worthy of the promises of Christ.

**(Traditional Catholic Prayer)**



# Autumn 2025 - Week 14



**TUESDAY**

## Question for the Day

What role did Mary the Mother of Jesus have?



## Prayer

Lord Jesus, nine months before the day we celebrate as Christmas, your father's message to Mary of Nazareth and the presence of the Holy Spirit, began your human life within her. She formed you, educated you, cared for you. At the foot of the cross Mary witnessed your loving sacrifice for us. You cared so much for her that your dying act was to commend her to the care of the apostle John. May we continually thank the father for our mothers who have formed us, educated us and cared for us. Amen

**Anthony Castle**

## Bible Quote

‘For you formed my inward parts; you knitted me together in my mother's womb.’ **Psalm 139:13**



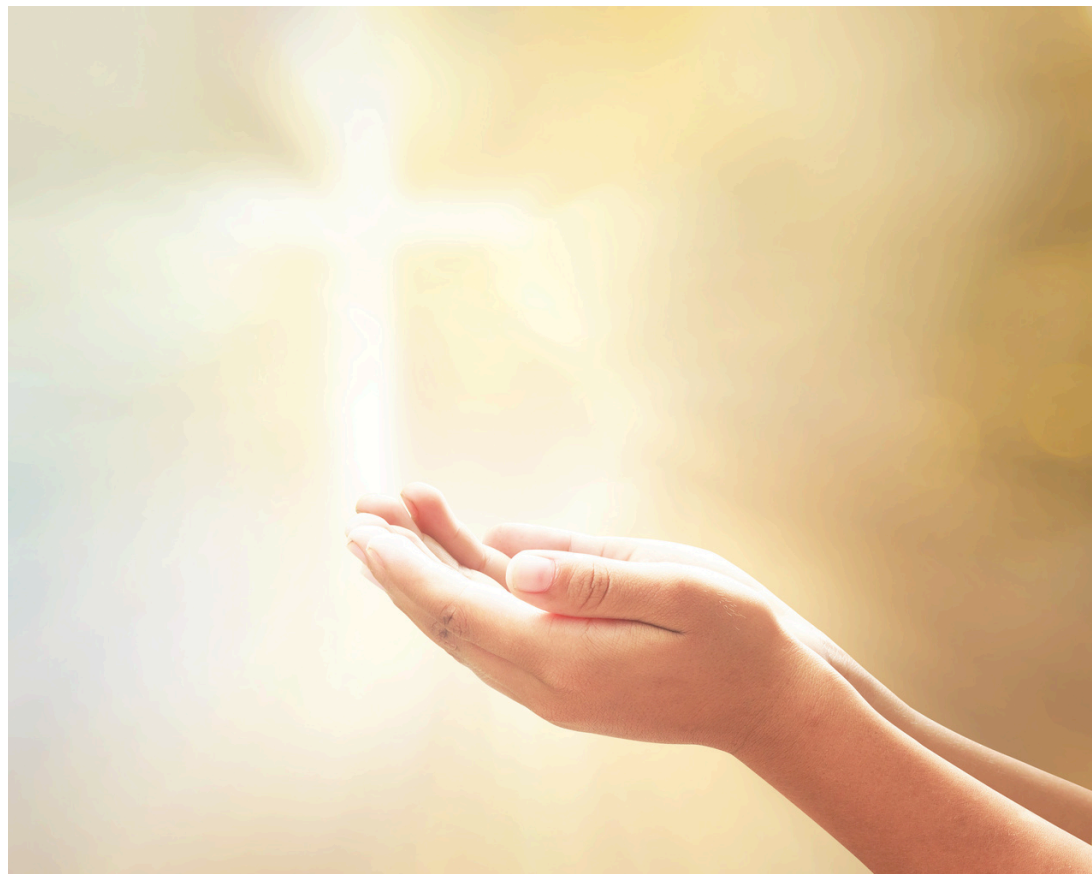
# Autumn 2025 - Week 14



**WEDNESDAY**

## Question for the Day

Who can I show support to today?



## Saint Quote

"Prayer is powerful beyond limits when we turn to the Immaculata who is Queen even of God's heart."

**Saint Maximilian Kolbe**

## Prayer

Heavenly Father, Blessed are You for the gift of Mary, chosen among women, and blessed is the Child she bore, our Lord Jesus Christ.

We marvel, as Elizabeth did, at the grace of Your presence among us. May our hearts leap with joy whenever we hear Your voice and recognise Your nearness.

Blessed are those who believe in Your promises. Strengthen our faith, Lord, that we may trust in Your word even when the path is uncertain.

Fill us with the Spirit of joy, humility, and gratitude, so that our lives may proclaim the greatness of Your love. Through Christ our Lord, Amen.

**From Luke 1: 42 -45**



# Autumn 2025 - Week 14



**THURSDAY**

## Question for the Day

How do I feel about Mary watching Jesus, her son die?



## Prayer

Hail Mary, Lady of grace!

God's love is shining in your face. Guide your children, hear our prayer, Be always there.

Holy Mary, mother of God, The child you carried is our Lord. Keep all families in your care,

Be always there. Lady of sorrows, upon the hill

You stood with Jesus: stand there still, For our pain is yours to bear Be always there Hail, Mary,

God's chosen one Rejoicing with your risen son, May your joy be ours to share. Be always there.

Amen

**Michael Ainscough and Kathryn Reddy**

## Bible Quote

‘When Jesus saw his mother and the disciple whom he loved standing nearby, he said to his mother, “Woman, behold, your son!” Then he said to the disciple, “Behold, your mother!” And from that hour the disciple took her to his own home.’ **John 19:26-27**



# Autumn 2025 - Week 14



**FRIDAY**

## Question for the Day

How can I be humble with my peers?



## Prayer

Oh Mary, gentle one, Teach us to love your son.  
Oh Mary, humble one, Help us to serve him.  
Oh Mary peaceful one, Help us to know your son.  
Oh Mary, hopeful one, Teach us to trust him.  
Oh Mary, grateful one, Teach us to thank your son.  
Oh Mary, joyful one, Help us to praise him.

Amen

**Francesca Leftley**

## Bible Quote

‘And the angel answered her, “The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be called holy—the Son of God.” **Luke 1:35**