



Morning Prayers

Spring 2026 Week 6



Dates of Interest this week – 9th - 13th February

1st to 28th February – LGBT History Month ([info](#))

1st to 28th February – Heart Month ([info](#))

8th February – 5th Sunday of Ordinary Time ([info](#))

**8th February – World Day of Prayer for Victims
of Human trafficking ([info](#))**

9th to 15th February – National Apprenticeship Week ([info](#))

10th February – St Scholastica ([info](#))

11th February – Our Lady of Lourdes ([info](#))

11th February – World Day of Prayer for the Sick ([info](#))

11th February – International Day of Women & Girls

in Science ([info](#))

13th February – World Radio Day ([info](#))

14th February – St Cyril & St Methodius ([info](#))

15th February – 6th Sunday of Ordinary Time ([info](#))

15th February – Day of Prayer for the Unemployed ([info](#))

18th February – Ash Wednesday ([info](#))

22nd February – 1st Sunday of Lent ([info](#))



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MONDAY

Question for the Day

Who can I pray for who is sick?



Bible Quote

“While you stretch out your hand to heal, and signs and wonders are performed through the name of your holy servant Jesus.” **Acts 4:30**

Prayer

Father, lover of life,
we pray for those suffering from a disease
for which, at present, there is no known cure.
Give them confidence in your love and never
failing support.

Grant wisdom and perseverance to all those
working to discover the causes of the disease
so that in time they may be able to offer hope
to those who are afflicted.

Amen

(George Appleton)



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TUESDAY

Question for the Day

How do I show support to someone who is unwell?



Prayer

Lord,
people that we know and love are sick.
Out of your compassion,
please take away their pain.
Let them know that you are with them.
Help us to be as patient and as supportive
as we possibly can so that
they may feel loved and cared for
in this time of darkness.

Amen

Bible Quote

“Our hope for you is unshaken, for we know that as you share in our sufferings, you will also share in our comfort”. **2 Corinthians 1:7**



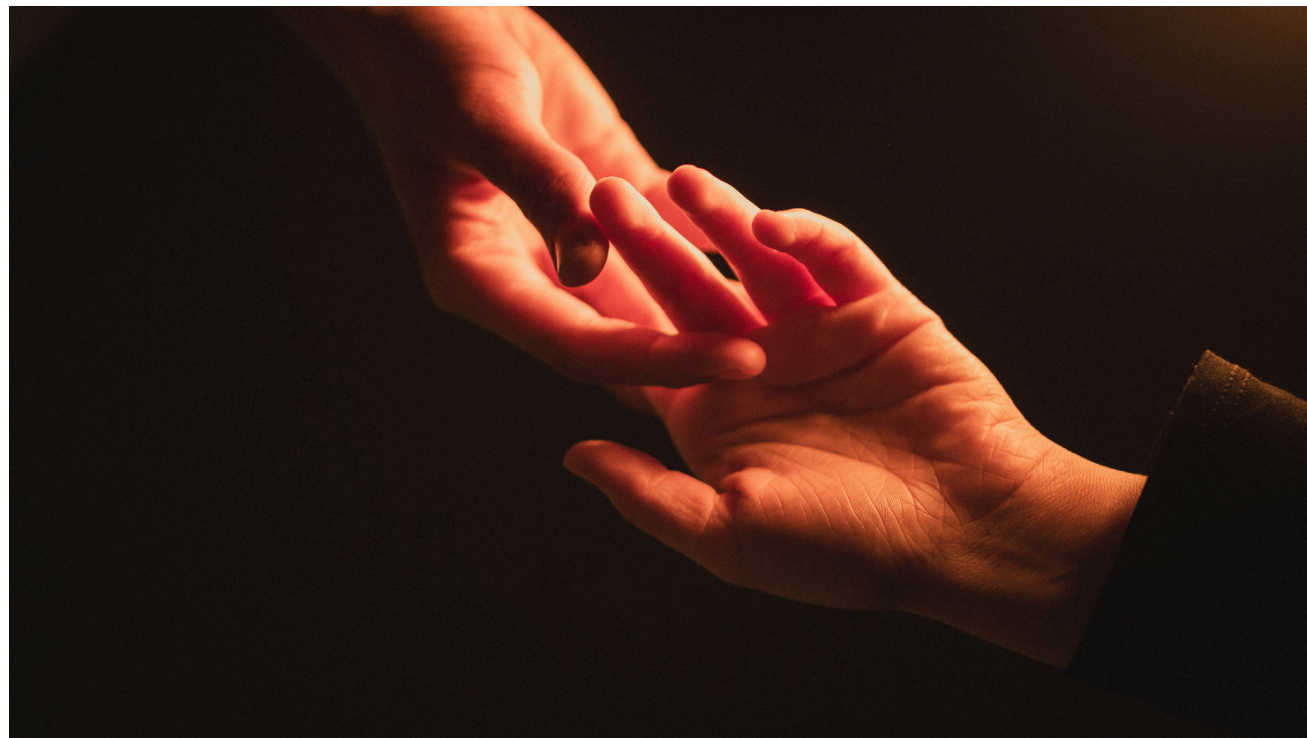
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WEDNESDAY

Question for the Day

Who can I offer comfort and compassion to?



Bible Quote

“Who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God”. **2 Corinthians 1:4**

Prayer

Lord, comfort the sick,
the hungry the lonely
and those who are shut in on themselves.
Use us to help in a practical way.
Show us how to go about this
and give us strength, tact and compassion.
Let our efforts offer comfort
to those in need so that their burdens
may be eased.

Amen

(Etta Gullick)



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THURSDAY

Question for the Day

How do I relate to people who are ill or disabled?



Bible Quote

“Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me” **Psalm 23:4**

Prayer

God our Father,
We bring before you today those for whom sickness or disability profoundly affect their lives. When they feel diminished, remind them that you hold them in the palm of your hand. When they feel fragile and broken mould them and heal them. When they feel uncertain about the future, cast out their fear. When situations remind them not of what they can do, but what they cannot do, remind them that Your love never fails. May all of us, whatever our circumstances, never be so taken up with our own concerns that we do not see or respond to the needs of others. May we live with courage to deal with the different challenges that each of us will face.
Amen

(De la Salle Brothers)



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FRIDAY

Question for the Day

What do I understand about Jesus' healing power for those who are sick?



Prayer

Lord Jesus,
We ask you to bring your healing touch
to all those whom we know
to be sick,
afraid
or worried.
Bring them your peace and healing.
Amen

(De La Salle Brothers)

Bible Quote

“Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord”. **James 5:14**