



Morning Prayers - Spring Week 8

Theme: Lenten Journey



Dates of Interest this week – 2nd to 6th March

1st March – 2nd Sunday of Lent ([info](#))

3rd March – World Wildlife Day ([info](#))

1st to 30th March –

3rd March – World Hearing Day ([info](#))

Ovarian Cancer Awareness Month ([info](#))

4th March – St Casimir ([info](#))

1st to 30th March – Women's History Month ([info](#))

7th March – St Perpetua & St Felicity ([info](#))

1st March – St David's Day ([info](#))

8th March – 3rd Sunday of Lent ([info](#))

1st March – Zero Discrimination Day ([info](#))

8th March – International Women's Day ([info](#))



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MONDAY

Question for the Day

How do I seek more of Jesus?



Prayer

O lord, make this Lenten season different from the other ones.
Let me find you again.
Amen.

(Henri Nouwen)

Bible Quote

“If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God.”

Colossians 3:1



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TUESDAY

Question for the Day

What sins do I need forgiveness for?



Prayer

Lord,
as Lent is the time for greater love,
may we listen to Jesus' thirst...
'Repent and believe' "
Amen.

(St Teresa of Calcutta)

Bible Quote

“For on this day shall atonement be made for you to cleanse you. You shall be clean before the Lord from all your sins.” **Leviticus 16:30**



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WEDNESDAY

Question for the Day

How can I follow Jesus in what I do and say?



Prayer

Lord,
help us to seek a deeper relationship
with you this Lent.
Show us how we can follow your ways
and become more like
who you have destined us to be.
We ask this in your powerful name.
Amen

Bible Quote

“And calling the crowd to him with his disciples, he said to them, “If anyone would come after me, let him deny himself and take up his cross and follow me.”

Mark 8:34



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THURSDAY

Question for the Day

How do I manage temptations within me?



Bible Quote

“Vindicate me, O God, and defend my cause against an ungodly people, from the deceitful and unjust man deliver me!” **Psalm 43:1**

Prayer

Lord,

teach me to understand what it means to be pure, not only in mind and body, but in heart as well.

Help me to love You

and see Your love

in all those I encounter today.

Amen



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FRIDAY

Question for the Day

How can I create a clean heart in me today?



Prayer

Lord God,
in your goodness have mercy on me:
do not look on my sins,
but take away all my guilt.
Create in me a clean heart
and renew within me an upright spirit.
Amen.

(An Act of Contrition inspired by Psalm 51)

Bible Quote

“Create in me a clean heart, O God, and renew a right spirit
within me.” **Psalm 51:10**