



Morning Prayers - Spring Week 10



Theme: In Times of Doubt

Dates of Interest this week – 16th to 20th March

1st to 30th March – Ovarian Cancer Awareness Month ([info](#))

1st to 30th March – Women's History Month ([info](#))

15th March – 4th Sunday of Lent – Laetare Sunday ([info](#))

15th March – Mothering Sunday ([info](#))

15th March – International Day to Combat Islamophobia ([info](#))

17th March – St Patrick ([info](#))

18th March – St Cyril of Jerusalem ([info](#))

19th March – St Joseph ([info](#))

20th March – International Day of Happiness ([info](#))

21st March – World Day for Glaciers ([info](#))

21st March – International Day of Forests ([info](#))

21st March – World Poetry Day ([info](#))

21st March – International Day for the Elimination
of Racism ([info](#))

21st March – World Down Syndrome Day ([info](#))

22nd March – 5th Sunday of Lent ([info](#))

22nd March – World Water Day ([info](#))



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MONDAY

Question for the Day

How can I turn my doubts into the truth of God's love for me?



Bible Quote

“The Lord is a stronghold for the oppressed, a stronghold in times of trouble.”

Psalm 9:9

Prayer

Faith's difficult, Lord.

Life puts up so many obstacles

that most of the time I can hardly see you.

At times like this Lord, you seem so far away.

I sometimes feel that I'm fooling myself that you don't exist, that I'm wasting my time.

But I keep thinking back to your life here on earth.

No matter how many doubts I have, you seem to make me sit up and listen.

A life lived so long ago affecting a life lived right and now. It seems amazing, Lord,

and if all those things you did and said are true, then I have no option but to believe and follow.

Never let me leave you, Lord. Amen

(Dave Gatward)



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TUESDAY

Question for the Day

When can I share my fears and worries with Jesus today?



Prayer

Lord of life

Why do I anticipate the worst when time and time again the worst never happens?

And even when it does, life goes on and every day comes to an end.

Lord help me to overcome my fears in this brief moment of reflection.

Help me to relax. Let your loving spirit fill me with peace. Amen

(Frank Topping)

Bible Quote

“Now may the Lord of peace himself give you peace at all times in every way. The Lord be with you all.”

2 Thessalonians 3:16



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WEDNESDAY

Question for the Day

How can I build my trust in Jesus who will never leave me?



Prayer

O God, you know we are often filled with fear and foreboding. Give us courage to deepen our trust. You are a rock which nothing can shatter. On you we can place the whole weight of our lives. Amen

(Richard Harries)

Bible Quote

“Commit your way to the Lord; trust in him, and he will act.”

Psalm 37:5



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THURSDAY

Question for the Day

Do I truly know that I am covered by God's blessings?



Bible Quote

“Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.”

Philippians 4:6

Prayer

God, my shepherd. I don't need a thing.
You have bedded me down in lush meadows,
you find me quiet pools to drink from.
True to your word, you let me catch my breath
and send me in the right direction.
Even when the way goes through Death Valley,
I'm not afraid when you walk at my side.
Your trusty shepherd's crook makes me feel secure.
You serve me a six-course dinner right in front of my enemies.
You revive my drooping head.
You cover me with your blessings.
Your beauty and love chase after me every day of my life.
I'm back home in the house of God for the rest of my life.
(Psalm 23 adapted by Eugene H. Peterson)



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FRIDAY

Question for the Day

How do I strengthen my trust in Jesus?



Prayer

Forgive us Lord

When we want proofs for our faith
and demand absolute certainty
before we will commit ourselves to you.

Strengthen our trust in you,
so that we who have not
seen you may still believe
and in believing may be blessed
with the fullness of joy now and always.

Amen

Bible Quote

“Delight yourself in the Lord, and he will give you
the desires of your heart.” **Psalms 37:4**