



# Morning Prayers - Summer Week 7



**Theme: Prayers for the Feast of Corpus Christi  
(The Body and Blood of Jesus)**

## Dates of Interest -

**31<sup>st</sup> May – Trinity Sunday ([info](#))**

**1<sup>st</sup> to 30<sup>th</sup> June – Pride Month ([info](#))**

**1<sup>st</sup> June – St Justin ([info](#))**

**1<sup>st</sup> June – Global Day of Parents ([info](#))**

**2<sup>nd</sup> June – St Marcellinus & St Peter ([info](#))**

**3<sup>rd</sup> June – St Charles Lwanga & Companions ([info](#))**

**3<sup>rd</sup> June – World Bicycle Day ([info](#))**

**5<sup>th</sup> June – St Boniface ([info](#))**

**5<sup>th</sup> June – World Environment Day ([info](#))**

**7<sup>th</sup> June – Feast of Corpus Christi ([info](#))**

**7<sup>th</sup> June – World Food Safety Day ([info](#))**

**8<sup>th</sup> June – World Oceans Day ([info](#))**



# Summer 2026 - Week 7



**MONDAY**

## Question for the Day

Why is communion so important?



## Quote for Day 1

‘The Eucharist is the sacrament of love: it signifies love, it produces love. The Eucharist is the consummation of the whole spiritual life’ **St Thomas Aquinas**

## Prayer

Lord Jesus,  
we thank you  
for the gift of the Eucharist  
that you desire to be with us always  
because you love us.  
May our desire to receive you  
and grow in your love  
increase day by day.  
Amen



# Summer 2026 - Week 7

## TUESDAY



### Question for the Day

When I am next in the Chapel, or at Mass, how can I think about what Communion means?



### Bible Quote

For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. **1 Corinthians 12:12**

### Prayer

Dear Lord Jesus,  
that we may venerate  
the holy mystery of Your Body and Blood,  
so that we may ever experience  
in ourselves the fruitfulness  
of Your redemption.  
You who life and reign,  
world without end.  
Amen

(from The Aquinas Prayer Book)



# Summer 2026 - Week 7



**WEDNESDAY**

## Question for the Day

How can receiving communion give people strength?



## Prayer

Sweetest Jesus,  
Body and Blood most Holy,  
be the delight and pleasure of my soul,  
my strength and salvation in all temptations,  
my joy and peace in every trial,  
my light and guide in every word and deed,  
and my final protection in death. Amen

St. Thomas Aquinas

## Bible Quote

But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin. **1 John 1:7**



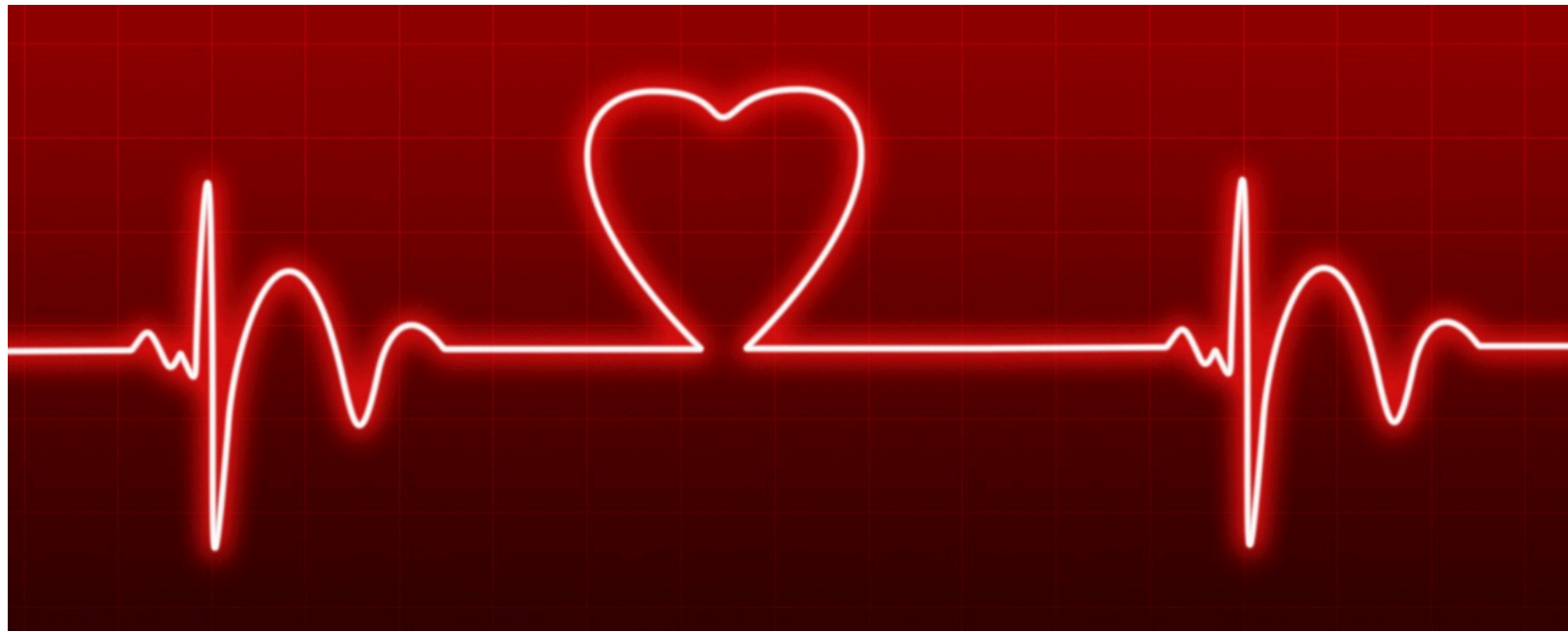
# Summer 2026 - Week 7



## THURSDAY

### Question for the Day

How do Christians offer themselves to God?



### Bible Quote

And walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God. **Ephesians 5:2**

### Prayer

Dear Jesus,

I come before You just as I am.

Thank You for loving me enough to give Your life for me.

When we partake in communion, fill us with Your grace and help us to live for You.

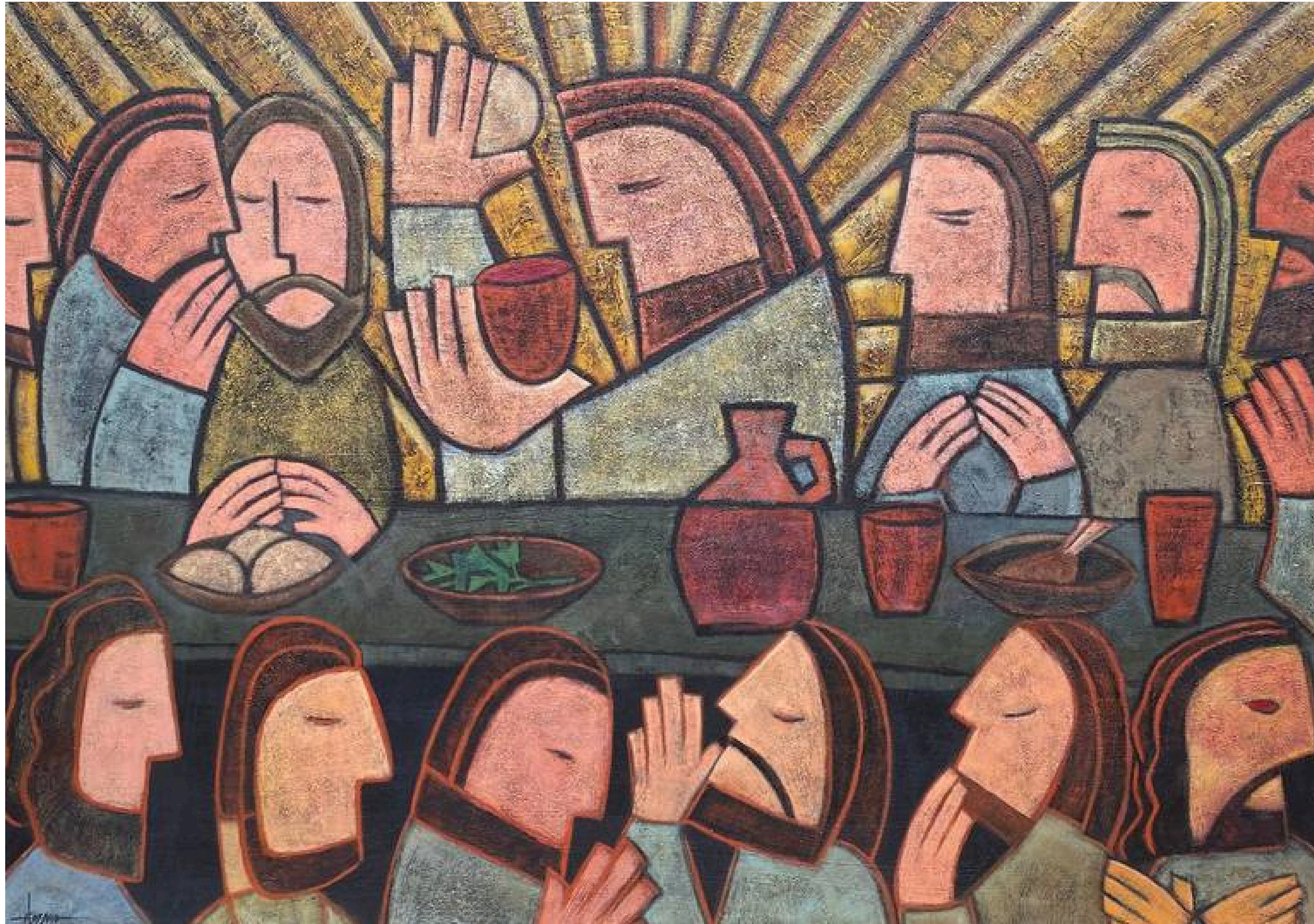
Amen

# **FRIDAY** - Art to Think and Pray:

The painting shows a specific moment of the Last Supper.

How does the artist show the significance of this moment?

Which of the disciples are you most like when you attend Mass?



**The Last Supper  
by Erika Lozano**