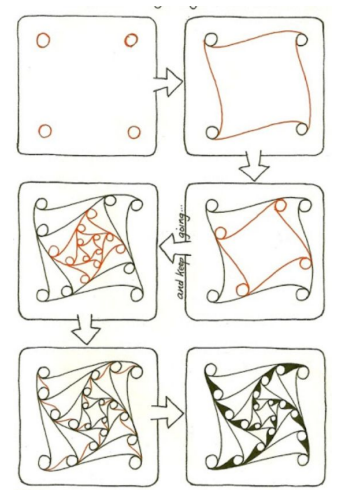


ZENTANGLE

A Zentangle drawing is an abstract drawing created using repetitive patterns. Lots of people find it a very relaxing activity so give it a try! It's an activity that you can build up over a period of time so don't feel that you are trying to produce a finished outcome in one session. There are lots of resources and examples if you search 'Zentangles' or 'Zentangle step by step' Click the hyperlinks below for instructional videos.



[How to draw Zentangles](#)

[How to draw Zentangles Step by Step](#)

[Zentangles for Beginners](#)

