



Health and Safety at Richard Challoner School – COVID adjustments

Addendum to the Health and Safety Policy November 2021 (revised)

Covid specific amendments are shown in blue

1. FIRST AID DURING COVID 19 AND REDUCED OCCUPATION OF THE BUILDING

1.1. First Aid Equipment

During the Covid-19 pandemic additional Equipment will be required to administer first aid.

Additional PPE is supplied and to be worn by all first aiders responding to any casualty and this will include:

- Face masks
- Latex free surgical gloves
- Face shield or other eye protection
- Disposable apron

1.2. Body Fluid Clean Up Kits

A body fluid clean up kit will be provided and stored in the first aid room.

1.3. Administering first aid

During COVID-19 vulnerable workers will not be asked to carry out first aid duties.

- If the casualty is able, [ask them to do things for themselves](#).
- Remember the 3 P's:
 - Preserve Life
 - Prevent deterioration,
 - Promote recovery:
 - all other injuries or illnesses
 - If you suspect a serious illness or injury, call 999 immediately – tell the call handler if the patient has any COVID-19 symptoms
- If giving first aid to someone, you should use the recommended PPE equipment listed above if it is available
- You should minimise the time you share a breathing zone with the casualty and direct them to do things for themselves where possible

1.4. After delivering any first aid

- Ensure you safely discard disposable items of PPE by double bagging them and depositing in the PPE waste bins provided and clean reusable ones thoroughly
- Wash your hands thoroughly with soap and water or an alcohol-based hand sanitiser as soon as possible
- If you have to deliver CPR carry out chest compressions and use a defibrillator but do not carry out rescue breaths.