



# Spring 2022 – Week 5

## Morning Prayers



### Dates of Interest this week – 31<sup>st</sup> Jan to 4<sup>th</sup> Feb

- 30<sup>th</sup> January – 4<sup>th</sup> Sunday of Ordinary Time
- 30<sup>th</sup> January – World Leprosy Day
- 31<sup>st</sup> January – St John Bosco
- 2<sup>nd</sup> February – Presentation of the Lord
- 2<sup>nd</sup> February – World Wetlands Day
- 2<sup>nd</sup> February – World Read Aloud Day
- 3<sup>rd</sup> February – St Dunstan, St Laurence & St Theodore
- 4<sup>th</sup> February – World Cancer Day
- 4<sup>th</sup> February – International Day of Human Fraternity
- 5<sup>th</sup> February – St Agatha
- 6<sup>th</sup> February – International Day of Zero Tolerance of FGM
- 6<sup>th</sup> February – 5<sup>th</sup> Sunday of Ordinary Time

### Chaplaincy on Social Media

["From a School Chaplain" on Facebook](#)

["Prayerful Pause" on YouTube](#)

["RC Chaplaincy" on Twitter](#)

["RCChaplaincy" on Instagram](#)

Each morning an act of worship should be made. This can be led by yourself or a pupil and can be made up of prayers from this booklet, [www.richardchalloner.com/chaplaincy](http://www.richardchalloner.com/chaplaincy), or both.

[Guidance on best practice for Morning Prayer can be found here.](#)

[A selection of Catholic Prayers to use in Morning Prayer can be found here.](#)

## Prayers for Morning Worship – 31<sup>st</sup> Jan to 4<sup>th</sup> Feb

### Theme for the week – Appreciating Others

God our Father, You call each one of us by name,  
And you treasure each one of us individually as though no-one else exists.  
Inspire us To respect and value  
Each person who comes into our lives this day. Amen

(De La Salle Brothers)

Lord we ask you to open our eyes  
That we may value and appreciate all people  
Recognising what we have in common  
Rather than focusing on what our differences might be.  
Inspire us to distinguish between what is important and what is not,  
And open our minds and hearts that we may always be people of good will  
Who bring life and joy to others. Amen

(De La Salle Brothers)

Lord, inspire me to give of my best and make good use  
Of the talents that you have given me.  
Show me how to be positive in attitude  
Appreciating and valuing others,  
Always ready to encourage and give praise.  
Lead me never to judge people but to accept others as they are,  
Knowing that it is together, each with our differences,  
That we build your kingdom. Amen

(De La Salle Brothers)

Loving Lord.  
I often see on the TV news examples of inhumanity to others:  
People being tortured, abused injured or killed.  
I need to remind myself That the commandment 'do not kill'  
Also refers to my attitude and to what I do each day,  
Because it is in smaller ways that I can destroy people  
If I ignore them or cut them off or let them down.  
Loving Lord, inspire me to take care of the smaller things in life  
As well as the bigger issues. Amen

(De La Salle Brothers)

God our Father,  
Inspire us with a great respect for all human life  
From the time of the child in the womb to the point of death.  
May that respect lead us  
To grow in a sense of responsibility  
For all our brothers and sisters throughout the world  
Knowing that, where one person suffers and is degraded,  
All of humanity is belittled and abused.  
May we grow in a sense of love and care for those less fortunate than ourselves,  
And lead us to do something about the troubles in the world. Amen

(De La Salle Brothers)



## **Bishop Richard Challoner**

During his lifetime and after his death, he was considered not only as a model of every virtue but as a saint. We are asked to pray that our Blessed Lord, through the Pope, may reward him further, by raising him to the altars of the Church as a Saint.

### **Prayer for the Beatification of Bishop Richard Challoner**

O God who made your servant Richard,  
a true and faithful pastor of your little flock in England,  
raise him, we beseech you, to the altars of thy Church,  
that we, who have been taught by his word and example  
may invoke his name in heaven,  
for the return of our country to belief in the Gospel,  
and to the unity of all Christians in the one Church of Jesus Christ.  
We ask this through the same Christ our Lord.

Amen.

Bishop Richard Challoner  
Pray for us

