



# Spring 2022 – Week 8

## Morning Prayers



### Dates of Interest this week – 28<sup>th</sup> Feb to 4<sup>th</sup> Mar

- 27<sup>th</sup> February – 8<sup>th</sup> Sunday of Ordinary Time
- 27<sup>th</sup> February – Day of Prayer for the Unemployed
- 21<sup>st</sup> March – World Day for Zero Discrimination
- 1<sup>st</sup> March – St David
- 1<sup>st</sup> March – Shrove Tuesday (Pancake Day)
- 2<sup>nd</sup> March – Ash Wednesday
- 2<sup>nd</sup> March – Day of Fasting and Prayer for Peace in Ukraine
- 6<sup>th</sup> March – 1<sup>st</sup> Sunday of Lent

### Chaplaincy on Social Media

["From a School Chaplain" on Facebook](#)

["Prayerful Pause" on YouTube](#)

["RC Chaplaincy" on Twitter](#)

["RCChaplaincy" on Instagram](#)

Each morning an act of worship should be made. This can be led by yourself or a pupil and can be made up of prayers from this booklet, [www.richardchalloner.com/chaplaincy](http://www.richardchalloner.com/chaplaincy), or both.

[Guidance on best practice for Morning Prayer can be found here.](#)

[A selection of Catholic Prayers to use in Morning Prayer can be found here.](#)

## Prayers for Morning Worship – 28<sup>th</sup> Feb to 4<sup>th</sup> Mar

### Theme for the week – Starting afresh for Lent

Lord, I'm not much good at giving things up.  
It seems like a great idea,  
then a few days, hours or minutes later, I've started again.  
But this time I really want to make it count.  
I want to give something up and learn from the process of not giving into temptation.  
I want to wake up on day forty of Lent  
and look in the mirror and feel like I've actually achieved something,  
even though it may seem so small.  
But by achieving something small  
perhaps it will lead to bigger and better things?  
If I can do this then what else can I do?  
What else am I capable of? Help me to discover my own potential, Lord. Amen

(Dave Gatward)

Lord, take our small offerings of self-denial this Lent as a sign of our love for you.  
Let us use this time to start afresh in our work for you:  
let us work for justice for those who are wrong or oppressed.  
Let us pray for peace across the world in these troubled times.  
Let us do your will in all of our actions. Amen

(Author Unknown)

God of the desert, as we follow Jesus into the unknown,  
may we recognise temptation when it comes.  
Let it be your bread that we eat, your world that we serve and you alone that we worship. Amen

(A New Zealand Prayer Book)

"Then the Spirit led Jesus into the dessert to be tempted by the Devil. After spending forty days and forty nights without food, Jesus was hungry. Then the Devil came to him and said, "If you are God's Son, order these stones to turn into bread". But Jesus answered, "The scripture says Human beings cannot live on bread alone, but need every word that God speaks". The Devil took Jesus to Jerusalem, The Holy City, set him on the highest point of the Temple, and said to him "If you are God's son, throw yourself down, for the scripture says: 'God will give orders to his angels about you; they will hold you up with their hands so that not even your feet will be hurt on the stones'". Jesus answered, "But the scripture also says, 'Do not put the Lord your God to the test'". Then the evil took Jesus to a very high mountain and showed him all of the kingdoms of the world in all their greatness. "All this I will give you," the Devil said, "If you kneel down and worship me." Then Jesus answered, "Go away. Satan! The scripture says, 'Worship the Lord Your God and serve only him!'" . The Devil left Jesus and angels came and helped him.

(Matthew 4: 1 – 11)

Have mercy on our efforts Lord.  
May we follow you at this time with self denial, steadfastness and courage.  
Give us a pure heart that we may see you,  
a humble heart that we may hear you,  
a heart of love that we may serve you,  
a heart of faith that we may love you.

(Dag Hammarskjold)



## **Bishop Richard Challoner**

During his lifetime and after his death, he was considered not only as a model of every virtue but as a saint. We are asked to pray that our Blessed Lord, through the Pope, may reward him further, by raising him to the altars of the Church as a Saint.

### **Prayer for the Beatification of Bishop Richard Challoner**

O God who made your servant Richard,  
a true and faithful pastor of your little flock in England,  
raise him, we beseech you, to the altars of thy Church,  
that we, who have been taught by his word and example  
may invoke his name in heaven,  
for the return of our country to belief in the Gospel,  
and to the unity of all Christians in the one Church of Jesus Christ.  
We ask this through the same Christ our Lord.

**Amen.**

Bishop Richard Challoner  
Pray for us

