



Autumn 2022 – Week 4

Morning Prayers



Dates of Interest this week – 26th to 30th September

- 1st September to 4th October – Season of Prayer for Creation
- 25th September – 26th Sunday of Ordinary Time
- 26th September – St Cosmas & St Damian
- 26th September – European Day of Languages
- 26th September - International Day for the Total Elimination of Nuclear Weapons
- 27th September – St Vincent de Paul
- 27th September – World Tourism Day
- 28th September – St Wenceslaus
- 29th September – The Archangels – Michael, Gabriel & Raphael
- 29th September – World Heart Day
- 29th September – World Maritime Day
- 30th September – St Jerome
- 1st October – St Therese of the Child Jesus
- 1st October – International Day of Older Persons
- 2nd October – International Day of Non-Violence
- 2nd October – 27th Sunday of Ordinary Time

Chaplaincy on Social Media

["From a School Chaplain" on Facebook](#)

["Prayerful Pause" on YouTube](#)

["RC Chaplaincy" on Twitter](#)

["RCChaplaincy" on Instagram](#)

Each morning an act of worship should be made. This can be led by yourself or a pupil and can be made up of prayers from this booklet, www.richardchalloner.com/chaplaincy, or both.

[Guidance on best practice for Morning Prayer can be found here.](#)

[A selection of Catholic Prayers to use in Morning Prayer can be found here.](#)

Prayers for Morning Worship – 26th to 30th September

Theme for the week – Our Faith

Let nothing disturb you,
nothing frighten you;
all things are passing,
God never changes.
Patient endurance
attains to all things;
who God Possesses
in nothing is wanting;
alone God suffices.

(St Teresa of Avila)

Oh God, you are both the light and the guide of those who put their trust in you. Grant us in all our doubts and uncertainties the grace to ask what you would have us do; that the Spirit of wisdom may save us from all false choices, and that in your light we may see light; through Jesus Christ our Lord.

(William Bright)

Lord, I believe in you; help me when I doubt.
I love you, yet not with a perfect heart as I would like;
I trust in you, yet not with my whole mind.
Accept my faith, my love and my trust in your eternal love for me. Amen

(Malcolm Spencer)

“Now Thomas, one of the Twelve, was not with the disciples when Jesus appeared to them. So the other disciples told him, “We have seen the Lord!” But he said to them, “Unless I see the nail marks in his hands and put my finger where the nails were and put my hand into his side, I will not believe it.” A week later his disciples were in the house again and Thomas was with them. Though the doors were locked, Jesus appeared and stood among them and said, “Peace be with you!” Then he said to Thomas, “See my hands. Reach out your hand and put it into my side. Stop doubting and believe.” Thomas said to him, “My Lord and My God!” Then Jesus told him, “Because you have seen me, you have believed; blessed are those who have not seen and yet have believed.”

(John 20: 24 – 29)

Forgive us Lord,
when we want proofs for our faith,
and demand absolute certainty
before we will commit ourselves to you.
strengthen our trust in you,
so that we, who have not seen you,
may still believe;
and in believing may be blessed
with the fullness of joy, now and always.

(Angela Ashwin, based on John 20: 24 – 29)



Bishop Richard Challoner

During his lifetime and after his death, he was considered not only as a model of every virtue but as a saint. We are asked to pray that our Blessed Lord, through the Pope, may reward him further, by raising him to the altars of the Church as a Saint.

Prayer for the Beatification of Bishop Richard Challoner

O God who made your servant Richard,
a true and faithful pastor of your little flock in England,
raise him, we beseech you, to the altars of thy Church,
that we, who have been taught by his word and example
may invoke his name in heaven,
for the return of our country to belief in the Gospel,
and to the unity of all Christians in the one Church of Jesus Christ.
We ask this through the same Christ our Lord.

Amen.

Bishop Richard Challoner
Pray for us

