



# Spring 2023 – Week 6

## Morning Prayers



### Dates of Interest this week – 6<sup>th</sup> to 10<sup>th</sup> February

- 5<sup>th</sup> February – 5<sup>th</sup> Sunday in Ordinary Time
- 6<sup>th</sup> February – St Paul Miki and Companion Martyrs
- 6<sup>th</sup> February – International Day of Zero Tolerance to Female Genital Mutilation
- 8<sup>th</sup> February – St Josephine Bakhita
- 10<sup>th</sup> February – St Scholastica
- 11<sup>th</sup> February – Our Lady of Lourdes
- 11<sup>th</sup> February – World Day of Prayer for the Sick
- 11<sup>th</sup> February – International Day of Women and Girls in Science
- 12<sup>th</sup> February - International Day for the Prevention of Violent Extremism
- 12<sup>th</sup> February – 6<sup>th</sup> Sunday in Ordinary Time

### Chaplaincy on Social Media

["From a School Chaplain" on Facebook](#)

["Prayerful Pause" on YouTube](#)

["RC Chaplaincy" on Twitter](#)

["RCChaplaincy" on Instagram](#)

Each morning an act of worship should be made. This can be led by yourself or a pupil and can be made up of prayers from this booklet, [www.richardchalloner.com/chaplaincy](http://www.richardchalloner.com/chaplaincy), or both.

[Guidance on best practice for Morning Prayer can be found here.](#)

[A selection of Catholic Prayers to use in Morning Prayer can be found here.](#)

## Prayers for Morning Worship – 6<sup>th</sup> to 10<sup>th</sup> Feb

### Theme for the week – World Day of Prayer for the Sick

Lord, give all sick children the inner strength to cope with the pressures that their illness brings. Help them to accept the love and care which their families have for them during this difficult time and give them the courage to let their parents know they love them. We ask this through Christ, our Lord. Amen.

(Pat O'Donaghue)

O Lord, bless all who are sick.  
Help them cope  
with the frustration of illness  
and the loneliness of pain.  
Grant them comfort, and peace of mind;  
courage, and strength,  
and restful sleep at night.  
O Lord, guide those who care for the sick.  
May they bring compassion,  
patience, and love to all  
who need your healing touch. Amen

(Lyndall Reid)

Lord God, whose son Jesus Christ understood people's fear and pain before they spoke of them, we pray for in hospital; those in pain; hold the weak in your arms of love and give hope and patience to those who are recovering. Amen

(Christine McMullen)

Watch, O Lord, with those who wake or watch, or weep tonight,  
and give your angels charge over those who sleep.  
Tend your sick ones.  
Rest your weary ones.  
Bless your dying ones.  
Soothe your suffering ones.  
Pity your afflicted ones.  
Shield your joyous ones.  
And for all your love's sake. Amen

(St Augustine)

Heavenly Father, giver of life and health,  
comfort and relieve your sick servants,  
and give your power of healing to those who minister to their needs.  
Through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now  
and for ever Amen

(from the Episcopal Daily Office)



## Bishop Richard Challoner

During his lifetime and after his death, he was considered not only as a model of every virtue but as a saint. We are asked to pray that our Blessed Lord, through the Pope, may reward him further, by raising him to the altars of the Church as a Saint.

### Prayer for the Beatification of Bishop Richard Challoner

O God who made your servant Richard,  
a true and faithful pastor of your little flock in England,  
raise him, we beseech you, to the altars of thy Church,  
that we, who have been taught by his word and example  
may invoke his name in heaven,  
for the return of our country to belief in the Gospel,  
and to the unity of all Christians in the one Church of Jesus Christ.  
We ask this through the same Christ our Lord.

Amen.

Bishop Richard Challoner  
Pray for us

